



State of the Art Safety Standards in RA
 THE EUROPEAN SOCIETY OF REGIONAL
 ANAESTHESIA & PAIN THERAPY



AFRICAN
 Society of
 Regional
 Anaesthesia



Joining Hands for
 a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 27 January 2024

- One Day
- One Common Scientific Program
- In over +100 Cities across all Continents

South Africa:
 Cape Town
 Johannesburg
 Bloemfontein
 George
 Potchefstroom
 Somerset West
 Mthatha
 Nelspruit
 Windhoek (Namibia)

WORLD DAY

Your Local Face-to-Face Meeting
 There must be one city around you!



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WORLD DAY

Saturday, 27 January 2024

07:30-08:00

VENUE: ARRIVALS – REGISTRATIONS

08:00-08:30

WELCOME MESSAGES & ADDRESSINGS

City Representative: Opening of the Event (in person)

Country Representative: Welcome Message (either in person or via live streaming)

Sebastien Bloc: Welcome Message – Chair of Event (via live streaming / recording stand by)

Eleni Moka: Welcome Message – ESRA President (via live streaming / recording stand by)

AFSRA Presidents: Welcome Messages (recording or live streaming)

08:30-08:50

SESSION 1 – PODCAST & INTERACTIVE DISCUSSION

08:30 – 08:40
08:40 – 08:50

Chairperson: Local facilitator

Message from RAPM Editor – In – Chief: Brian Sites - USA (podcast)

Q&A – Discussion

08:50-09:20

SESSION 2 – EXPERTS PANEL & INTERACTIVE DISCUSSION

We Have Read the Literature for You: Sister Societies Journal Club.

Chairperson: Local facilitator

08:50 – 09:00

Regional Anaesthesia Article: Aneet Kessow – Cape Town

09:00 – 09:10

POCUS Article: Armand Theron – Cape Town

09:10 – 09:20

Q&A – Discussion

09:20 – 10:00

SESSION 3 – EXPERTS PANEL & INTERACTIVE DISCUSSION

The «Joint» Club: Everything You Need to Know for Shoulder Procedures

Chairperson: Local facilitator

09:20 – 09:30

Back to Basics: Shoulder Anatomy: André Theron - George

09:30 – 09:40

Evidence Based Practice: RA Application in Shoulder Surgery: Anthony Travers - Bloemfontein

09:40 – 09:50

How I Do It: The Shoulder Surgery Pathway

Clips from Various Centres of Excellence across the Globe as well as local clips

André Theron - George

09:50 – 10:00

Q&A – Discussion

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10:00 – 10:30	SESSION 4 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	The "Ultrasound" Club: Everything You need to Know for UGRA & POCUS Chairperson: Local facilitator
10:00 – 10:10	Application of RA Techniques in ER & Trauma Medicine Reinier Swart - Nelspruit
10:10 – 10:20	RA Techniques in ICU: Do They Have a Role? Maria Fortunas - Johannesburg
10:20 – 10:30	Q&A – Discussion
10:30 – 11:10	COFFEE BREAK
11:10 – 11:30	SESSION 5 – PLENARY LECTURE & INTERACTIVE DISCUSSION
	Chairperson: Local facilitator
11:10 – 11:20	Paediatric Anaesthesia Worldwide – Fostering the Highest Standards Nadine Venter - George
11:20 – 11:30	Q&A – Discussion
11:30 – 12:00	SESSION 6 – OBSTETRIC ANAESTHESIA & INTERACTIVE DISCUSSION
	Chairperson: Local facilitator
11:30 – 11:40	Obstetric Anaesthesia Care – Collaborating Towards Global Progress in Maternal Health Speaker – Presenter: Nuala Lucas – UK
11:40 – 11:50	What's New in Obstetric Anaesthesia – Analgesia A Mallier - Potchefstroom
11:50 – 12:00	Q&A – Discussion

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ASRA
PAIN MEDICINE



AFSRA
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ANAESTHESIA



Info and Registrations
esraeurope.org

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12:00 – 12:30	SESSION 7 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	Pain Chronification Following Knee Surgery Chairperson: Local facilitator
12:00 – 12:10	Transitional Pain Services & Medicine: The Missing Linkage? Bronwyn Roopnarain – Cape Town
12:10 – 12:20	Chronic Pain Management: Closing the Gaps & Evidence Based Data Kamini Singh – Cape Town
12:20 – 12:30	Q&A – Discussion
12:30 – 12:50	SESSION 8 – PRERECORDED VIDEO & INTERACTIVE DISCUSSION
	Chairperson: Local
12:30 – 12:40	Human Factors & Communication in Regional Anaesthesia Speaker – Presenter: Barbara Breebaart (Belgium)
12:40 – 12:50	Q&A – Discussion
12:50 – 13:10	SESSION 9 – FUNNY QUIZ & COMPETITION
	Coordinator: Local / To be decided Process: The Quiz Will be Available / Distributed via SLIDO or Similar Platform Result: BEST 3 Responders Worldwide Will Win a Free Registration For PRAGUE Congress
13:10 – 14:00	LUNCH BREAK
14:00 – 17:00	SESSION 10 – HANDS ON CLINICAL WORKSHOPS
	Chairperson: Local Topics and stations: To be determined locally according to local requirements / may include topics discussed during lectures Facilitators: Local faculty in each city (Include short coffee break)
17:00 – 17:15	END OF 1ST WORLD DAY: QUESTIONS – COMMENTS – DISCUSSION

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