



State of the Art Safety Standards in RA  
THE EUROPEAN SOCIETY OF REGIONAL  
ANAESTHESIA & PAIN THERAPY

**ASRA**  
PAIN MEDICINE



**AFSRA**  
AFRICAN  
Society of  
Regional  
Anaesthesia



Joining Hands for  
a Pain Free Future Worldwide

# 1<sup>ST</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 27 January 2024  
ANKARA ETLİK ŞEHİR HASTANESİ

- One Day
- One Common Scientific Program
- In over +100 Cities across all Continents

# WORLD DAY

Your Local Face-to-Face Meeting  
There must be one city around you!



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland  
Email: [office@esraeurope.org](mailto:office@esraeurope.org)

Info and Registrations  
[esraeurope.org](http://esraeurope.org)

**1<sup>ST</sup> WORLD DAY**  
OF REGIONAL ANAESTHESIA  
& PAIN MEDICINE

27 OCAK 2024

09:00-09:10

**WELCOME MESSAGES & ADDRESSINGS**

**Welcome Video**

**City Representative / City Liaison Person:** Opening of the Event FATMA SARICAOĞLU

**Country Representative:** Welcome Message İSMET TOPÇU

**Sebastien Bloc: Welcome Message** – Chair of Event (via live streaming / recording standby)

**Eleni Moka: Welcome Message** – ESRA President (via live streaming / recording standby)

**Sister Societies Presidents:** Welcome Messages (possibly recordings, could be live streaming)

**Others: OtherAddressings** – Welcome Messages

09:10 – 09:30

**SESSION 1 - PODCAST & INTERACTIVE DISCUSSION**

**Chairperson:** Local / DERYA ÖZKAN

**Message from RAPM Editor - In - Chief / podcast Speaker - Presenter:** Brian Sites (USA)

**Q&A - Discussion:** All

09:30 - 10:45

**SESSION 2 - EXPERTS PANEL & INTERACTIVE DISCUSSION**

**WeHave Read the Literature for You: Sister Societies Journal Club**

**Chairperson:** TAYLAN AKKAYA

09:30 – 09:40

**Regional Anaesthesia Article:** SEMİH BAŞKAN

09:40 – 09:50

**Perioperative Care Article:** SEHEND DEBBAĞ

09:50 – 10:00

**POCUS Article:** GÖZEN ÖKSÜZ

10:00 – 10:10

**Chronic Pain Article:** SELİN KÖSE

10:20 - 10:40

**Q&A - Discussion**

10:20-10:40

**KAHVE ARASI**

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11:00 - 12:15	<b>SESSION 3 - EXPERTS PANELS INTERACTIVE DISCUSSION</b>
	<b>The «Joint» Club: Everything You Need to Know for Shoulder Procedures</b> Chairperson: DERYA ÖZKAN
10:40 - 10:55	<b>Backto Basics: Shoulder Anatomy:</b> GÖKÇEN EMMEZ
10:55 - 11:10	<b>EvidenceBasedPractice: RA Application in ShoulderSurgery:</b> SERKAN TULGAR
11:10 - 11:25	<b>How I Do It: The Shoulder Surgery Pathway:</b> <b>Clips from Various Centres of Excellence across the Globe</b>
11:25 - 11:40	<b>Q&amp;A - Discussion</b>
12:15 - 13:30	<b>SESSION 4 - EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>The "Ultrasound" Club: Everything You need to Know for UGRA &amp; POCUS</b> Chairperson: ALPER KILINÇARSLAN
11:40 - 11:55	<b>Application of RA Techniques in ER &amp;Trauma Medicine:</b> SANEM TURHAN
11:55 - 12:10	<b>RA Techniques in ICU: Do They Have a Role?</b> NİLGÜN KAVRUT ÖZTÜRK
12:10 - 12:25	<b>POCUS Live Demonstration: Enhancing Patients' Safety</b> ALPER KILINÇARSLAN
12:25 - 12:40	<b>Q&amp;A - Discussion</b>
12:40 - 13:40	<b>ÖĞLE YEMEĞİ</b>

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14:15-14:40	<b>SESSION 5 - PLENARY LECTURE INTERACTIVE DISCUSSION</b>
	<b>Chairperson:</b> JÜLİDE ERGİL
13:40 – 13:55	<b>Paediatric Anaesthesia Worldwide – Fostering the Highest Standards</b> GÜLSEN KESKİN
13:55 – 14:10	<b>Q&amp;A – Discussion</b>
14:40 – 15:00	<b>SESSION 6 - PRERECORDED VIDEO INTERACTIVE DISCUSSION</b>
	<b>Chairperson:</b> ARZU KARAVELİ
14:10 – 14:20	<b>Obstetric Anaesthesia Care – Collaborating Towards Global Progress in Maternal Health Speaker – Presenter:</b> NualaLucas (UK)
14:20 – 14:30	<b>Q&amp;A – Discussion</b>
15:00 - 15:25	<b>SESSION 7 - PLENARY LECTURE INTERACTIVE DISCUSSION</b>
	<b>Chairperson:</b> CEYDA ÖZHAN ÇAPARLAR
14:30 – 14:45	<b>What's New in Obstetric Anaesthesia – Analgesia:</b> İLKAY BARAN
14:45 - 15:00	<b>Q&amp;A – Discussion</b>
15:00 - 15:20	<b>KAHVE ARASI</b>
15:20 - 15:35	<b>SESSION 8 – FUNNY QUIZ &amp; COMPETITION</b>
	<b>Coordinator:</b> GÖZEN ÖKSÜZ <b>Process:</b> The Quiz Will be Available / Distributed via SLIDO or Similar Platform <b>Result:</b> BEST 3 Responders Worldwide Will Win a Free Registration For PRAGUE Congress



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<b>16:00 - 16:40</b>	<b>SESSION 9 – EXPERTS PANELS INTERACTIVE DISCUSSION</b>			
	<b>Pain Chronification Following Knee Surgery Chairperson: COŞKUN ARAZ</b>			
15:35 – 15:45	<b>Why Me? The «Cargo» of Risk Factors: COŞKUN ARAZ</b>			
15:45 – 15:55	<b>Transitional Pain Services &amp; Medicine: The Missing Linkage? : GÖZDE DAĞISTAN</b>			
15:55 – 16:05	<b>Chronic Pain Management: Closing the Gaps &amp; Evidence Based Data : ALP ALPTEKİN</b>			
16:05 – 16:15	<b>Q&amp;A – Discussion</b>			
<b>16:40 - 17:00</b>	<b>SESSION 10 - PRERECORDED VIDEO INTERACTIVE DISCUSSION</b>			
	<b>Chairperson: ÖZGÜR YAĞAN</b>			
16:15 – 16:25	<b>Human Factors &amp; Communication in Regional AnaesthesiaS peaker – Presenter : Barbara Breebaart (Belgium)</b>			
16:25 – 16:35	<b>Q&amp;A – Discussion</b>			
<b>16:35 - 17:00</b>	<b>KAHVE ARASI</b>			
<b>17:00 - 18:20</b>	<b>SESSION 11 – HANDS ON CLINICAL WORKSHOPS</b>			
	<b>ÜST EKSTREMİTE</b>	<b>ALT EKSTREMİTE</b>	<b>ALT GÖVDE</b>	<b>ÜST GÖVDE</b>
	DERYA ÖZKAN COŞKUN ARAZ SEHEND DEBBAĞ	ALPER KILIÇARSLAN SEMİH BAŞKAN MÜGE ÇAKIRCA	GÖZEN ÖKSÜZ EMEL GÜNDÜZ FUNDA ATAR	SERKAN TULGAR BURHAN DOST GÖKÇEN EMMEZ