

Joining Hands for
a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 27 January 2024

- One Day
- One Common Scientific Program
- In over +100 Cities across all Continents



WORLD DAY

Your Local Face-to-Face Meeting
There must be one city around you!

SCIENTIFIC PROGRAM

WORLD DAY

Your Local Face-to-Face Meeting
There must be one city around you!

Joining Hands for a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

WORLD DAY

Saturday, 27 January 2024

08:30-09:00

VENUE: ARRIVALS - REGISTRATIONS

09:00-09:30

WELCOME MESSAGES & ADDRESSINGS

Welcome Video

City Representative: Maksym Barsa

Country Representative: Dmytro Dmytriiev

Sebastien Bloc: Welcome Message - Chair of Event

Eleni Moka: Welcome Message - ESRA President

Sister Societies Presidents: Welcome Messages

09:30-09:50

SESSION 1 - PODCAST & INTERACTIVE DISCUSSION

09:30 - 09:40
09:40 - 09:50

Message from RAPM Editor - In - Chief / podcast (approximately 10 min)

Speaker - Presenter: Brian Sites (USA)

Q&A - Discussion: All (approximately 10 min)

09:30-10:40

SESSION 2 - EXPERTS PANEL & INTERACTIVE DISCUSSION

09:50 - 10:00

Why is regional analgesia important?

10:00 - 10:10

Enhanced Recovery After Surgery implementation

10:10 - 10:20

The advantages of point of care ultrasonography (POCUS)

10:20 - 10:30

Preventing and chronic pain management

10:30 - 10:40

Q&A - Discussion

10:40 - 11:00

COFFEE BREAK

Your Local Face-to-Face Meeting
There must be one city around you!

Joining Hands for a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

WORLD DAY

Saturday, 27 January 2024

11:00 – 12:15	SESSION 3 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	The «Joint» Club: Everything You Need to Know for Shoulder Procedures
11:00 – 11:30	Back to Basics: anatomy of the brachial plexus
11:30 – 11:45	Nerve blocks above the clavicle
11:45 – 12:00	Nerve blocks below the clavicle
12:00 – 12:15	Distal blocks for wrist surgery
12:15 – 13:30	SESSION 4 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	The "Ultrasound" Club: Everything You need to Know for UGRA & POCUS
12:15 – 12:30	Regional anaesthesia and pain management in the war requirement
12:30 – 12:45	Regional anaesthesia Techniques in ICU
12:45 – 13:15	UGRA & POCUS: Enhancing Patients' Safety
13:15 – 13:30	Q&A – Discussion
13:30 – 14:15	LUNCH BREAK

Your Local Face-to-Face Meeting
There must be one city around you!

Joining Hands for a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

WORLD DAY

Saturday, 27 January 2024

14:15 – 14:40	SESSION 5 – PLENARY LECTURE & INTERACTIVE DISCUSSION
14:15 – 14:30	Regional anaesthesia for neck and thoracic pain management
14:30 – 14:40	Q&A – Discussion
14:40 – 15:00	SESSION 6 – PLENARY LECTURE & INTERACTIVE DISCUSSION
14:40 – 14:50	Regional anaesthesia for abdominal pain management
14:50 – 15:00	Q&A – Discussion
15:00 – 15:25	SESSION 7 – PLENARY LECTURE & INTERACTIVE DISCUSSION
15:00 – 15:15	Regional anaesthesia for lower extremity pain management
15:15 – 15:25	Q&A – Discussion
15:25 – 15:40	SESSION 8 – FUNNY QUIZ & COMPETITION
15:40 – 16:00	COFFEE BREAK

Your Local Face-to-Face Meeting
There must be one city around you!

Joining Hands for a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

WORLD DAY

Saturday, 27 January 2024

16:00 - 16:40	SESSION 9 - EXPERTS PANEL & INTERACTIVE DISCUSSION
	HYPERALGESIA AND PAIN CHRONIFICATION
16:00 - 16:10	The role of regional anaesthesia in hyperalgesia prevention
16:10 - 16:20	The role of regional anaesthesia in pain chronification prevention
16:20 - 16:30	Chronic Pain Management: the role of sympathetic ganglion blocks
16:30 - 16:40	Q&A - Discussion
16:40 - 17:00	SESSION 10 - PRERECORDED VIDEO & INTERACTIVE DISCUSSION
16:40 - 16:50	Human Factors & Communication in Regional Anaesthesia Speaker - Presenter: Barbara Breebaart (Belgium)
16:50 - 17:00	Q&A - Discussion
17:00 - 19:00	SESSION 11 - HANDS ON CLINICAL WORKSHOPS
	17:00 - 17:30 - Live demonstration: POCUS 17:30 - 18:00 - Live demonstration: upper extremity blocks 18:00 - 18:30 - Live demonstration: lower extremity blocks 18:30 - 19:00 - Live demonstration: thoracic and abdominal blocks
19:00 - 19:15	END OF 1ST WORLD DAY: QUESTIONS - COMMENTS - DISCUSSION

Your Local Face-to-Face Meeting
There must be one city around you!