



## **ESRA European Diploma of Regional Anaesthesia Part 1 exam**

### **Do I have to be ESRA member at the time applying for any part of the Part 1 exam?**

Yes, you have to be ESRA member at the time when you apply for the exam and at the time of the exam as well

### **Do I have to attend a minimum of 1 ESRA or other approved regional anaesthesia workshop before I apply for the Part 1 exam?**

No, you can apply for the ESRA Part 1 exam without providing the evidence of attended one or more regional anaesthesia workshops.

### **How many times can I retake the ESRA European Diploma of Regional Anaesthesia Part 1 exam?**

Unlimited times.

### **Do I have to be fluent in English language in order to take the Part 1 exam?**

The majority of candidates would take the exam in English, however the Part 1 exam is also offered in other languages once a year. When this exam is announced, you can select your preferred language when applying for the exam.

### **Do I have to attend the ESRA annual congress when applying for the Part 1 exam?**

In case you apply for the Part 1 exam held during the ESRA annual congress, you can use this opportunity of registering for congress as well, however you can choose another ESRA congress to attend. At least one ESRA congress attendance certificate is required for both Part 1 and Part 2 examinations of the ESRA European Diploma of Regional Anaesthesia. It is up to you to decide, when you attend the ESRA congress as long as the attendance of the congress is between your Part 1 and final section of Part 2 exams.

### **Do I have to present the evidence of 150+150 blocks before I apply for the Part 1 exam?**

No, the evidence of at least 150+150 blocks is required before you apply for Part 2 exam (section A or section B).

# **The ESRA European Diploma of Regional Anaesthesia Part 2 exam**

**Is the ESRA European Diploma of Regional Anaesthesia Part 2 exam now split to two exams?**

Yes, the Part 2 exam has now the online or onsite exam Part 2 section A (in short 2A) and practical Part 2 section B (in short 2B).

**Do I need to present the evidence of all required workshops when I apply for either section of the Part 2 exam?**

You do not have to present the evidence of all required workshops for the 2A exam

You do have to present the evidence of all required workshops in order to apply for the 2B exam.

**Do I have to apply for 2A first and only after that to 2B?**

No, you can apply for either 2A or 2B as your first exam as long as you meet all required criteria.

**If I fail one section of the Part 2 exam (for example 2A), do I need to retake both sections of the exam?**

No. You can retake only the part you failed. That can be either 2A or 2B.

**How many times can I retake the Part 2 exam?**

You are allowed to retake each section of the Part 2 exam up to three times. That means, you can retake your 2A up to three times and you can also retake your 2B up to three times. If you fail either section of the Part 2 exam, you need to repeat the whole exam – Parts 1 and 2 (sections A+B) again and submit new set of required workshops.

**Is there any maximum time between the Part 1 and Part 2 exam?**

No. You can take as much time as you need to decide when you will apply for the Part 2 exam after successfully passing the Part 1 exam.

**Does my required cadaver workshop have to be ESRA workshop as well?**

No. Your cadaver workshop can be either organised by ESRA or by other organiser. It counts as long as it meets the Diploma criteria.

One official ESRA workshop is required. This can be either cadaveric or ultrasound hands-on workshop.

All workshops attended after July 2022 must be from the “ESRA European Diploma of Regional Anaesthesia Approved” list of workshops.

**Do I have to provide evidence of completing the 150+150 blocks before I apply for either section A or section B of the Part 2 exam?**

Yes. Before you apply for either 2A or 2B exam, you must present the evidence of completion of the required number of central and peripheral nerve blocks.

**What workshops are recommended for exam?**

The list of “ESRA European Diploma of Regional Anaesthesia Approved” workshops is available [here](#). The Diploma Board will accept the workshops attended in the last 5 years prior to the exam to be attended. If workshops prior to the compilation of this list have been attended (July 2022), you can check with the Diploma's office before applying. Although 3 workshops are minimum requirements, it is highly

recommended to attend as many workshops as necessary for the candidate to fully understand the applied anatomy and sonoanatomy for regional anaesthesia.

**I have not attended the ESRA annual congress during my Part 1 exam. Do I have to attend it before I apply for the Part 2 exam?**

Full registration to the ESRA annual congress is required. You can attend the congress at any time between your Part 1 exam and the final section of your Part 2 exam (section A or B).

**I have difficulties to attend the cadaveric workshop in my country. Can I attend the cadaveric workshop during the ESRA congress after my Part 2 exam?**

You do not have to attend all workshops before the Part 2A exam, however you have to attend all workshops before sitting the Part 2B exam. This requirement cannot be fulfilled at any time after the Part 2B exam.

**Can I take the Part 2 exam (section A or B) in a language other than English?**

The Part 2 exam (section A and B) is currently offered only in English. More languages may be added in the future.

**How do you recommend that I prepare myself for the ESRA European Diploma of Regional Anaesthesia Approved list exam?**

The reading list for both Part 1 and Part 2 is published [here](#).

The Diploma Part 2 (A&B) is considered the friendly discussion among the senior and respected colleagues. It is more than competency exam and signs of confidence in regional anaesthesia, problem solving skills and detailed knowledge of anatomy and ultrasound image acquisition + interpretation are expected for the candidate to successfully pass.

If you have any further questions, please contact us [here](#).

# Workshops accepted for Part 2 exam

Candidates who successfully passed the Part 1 exam will need to provide evidence of attending several workshops required for the Part 2 exam.

As the rules for the workshops have changed in 2022, we would like to bring more light into this potentially confusing topic and answer frequently asked questions from many candidates.

## **How many workshops do I need to attend for the Part 2 exam?**

You need a minimum of 3 workshops. One of them must be cadaveric and one of them must be an official ESRA workshop (organised by ESRA).

## **Can I use my regional anaesthesia workshop, which I attended 10 years ago?**

No, unfortunately the Diploma Board will only accept workshops (compatible with the Diploma requirements) attended in the period of 5 years PRIOR TO YOUR EXAM DATE.

## **One of the requirements for the ESRA European Diploma of Regional Anaesthesia Approved exam is attending at least one ESRA Congress. Is this time limited as well?**

Yes, the attendance certificate from an ESRA Congress should not be older than 5 years prior to your exam date.

## **I have successfully submitted all 3 workshops for the Part 2 exam, but I have failed the exam. Do I need to repeat some or all of my workshops for my second (or third) exam attempt?**

Not necessarily. You need to check if all your workshop will fulfill the date criteria of less than 5 years prior to your second (or third) exam attempt for that particular part of the 2 exam (either 2A or 2B).

## **What are the new “ESRA European Diploma of Regional Anaesthesia Approved” list Approved workshops?**

You can only use the workshops organised after 1<sup>st</sup> July 2022 for the Part 2 exam if the workshop has been recognised with the “ESRA European Diploma of Regional Anaesthesia Approved” status. No other workshops attended after 1<sup>st</sup> July 2022 will be accepted. All official ESRA workshops are ESRA European Diploma of Regional Anaesthesia Approved.

## **I booked my workshop (ultrasound or cadaveric) during the ESRA congress. Can I sit the Part 2 exam and then attend the workshop after the exam during the congress?**

Unfortunately no. All required workshops must be submitted prior to the Part 2B exam. For 2024 the exam will be organised AFTER the ESRA Congress, allowing candidates to fulfill their workshop requirements during the ESRA congress.

## **Do I need to collect the certain amount of ESRA European Diploma of Regional Anaesthesia points from the workshops for the Part 2 exam?**

Yes, after the transition period ends on 30<sup>th</sup> June 2027, you need to submit workshops that generate a minimum number of 20 points. A minimum 10 of those 20 points must be

Ultrasound Hands-on points. A minimum 6 of those 20 points must be Cadaveric Hands-on points.

**Can I submit more than 20 Diploma approved workshop points from my workshops?**

Yes, you can always add more workshops but only 20 points are necessary. However you can attend as many workshops as you feel are necessary to become competent and confident in applied anatomy and sono-anatomy for regional anaesthesia.

**What workshops will be accepted from 1<sup>st</sup> January 2023 until the end of transition period (30<sup>th</sup> June 2027)?**

A minimum of 3 workshops in total will be required for the transition period. This must include at least one cadaveric workshop and at least one official ESRA workshop as long as they are not older than 5 years before the date of the exam. All workshops organised after the start of transition period (1<sup>st</sup> July 2022) must have the “ESRA European Diploma of Regional Anaesthesia Approved” status.

**Do I need to submit at least 20 Diploma approved workshop points for the Part 2 exam during the transition period?**

No, you do not have to collect the minimum of 20 EDRA points during the transition period. Those 20 EDRA points will only be mandatory to submit for the Part 2 exams organised after 1<sup>st</sup> July 2027.

Between 1<sup>st</sup> January 2023 and 1<sup>st</sup> July 2027 candidates will be able to submit a mixture of workshops organised before 1<sup>st</sup> July 2022 and after the 1<sup>st</sup> July 2022. Up to the point of full transition (1<sup>st</sup> July 2027) the Diploma Board will accept 3 workshops (1 cadaver, 1 ESRA, 3 in total), BUT workshops after 1<sup>st</sup> July 2022 have to be included in and from the Approved workshops list ONLY.

**I attended a short (1 hour) workshop during the congress/conference. Can I submit it as one of my workshops required for the EDRA exam?**

Candidates may choose to collect several short workshops from congresses, annual scientific meetings or similar conference as long as the congress organiser successfully applies for ESRA European Diploma of Regional Anaesthesia Approved of those workshops. A minimum of 6 hours of hands-on practice is required in order to be counted as ONE workshop (either ultrasound or cadaveric) recognised for the Diploma exam.