

# 1<sup>st</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

- One Day Worldwide Event
- One Common Scientific Program
- In Over +100 Cities Across All Continents

**27<sup>TH</sup> JANUARY 2024**  
**CONNEXION CONFERENCE & EVENT CENTRE**  
**BANGSAR SOUTH CITY**  
**KUALA LUMPUR**



**KUALA LUMPUR**



**REGISTER NOW**  
**FEE: RM 400**

Contact us:  
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<https://bit.ly/WorldDayRegistration>

**WORLD DAY**

**SPONSORS:**



**GE HealthCare**



# SCIENTIFIC PROGRAM

27<sup>th</sup> January 2024

Kuala Lumpur

WORLD DAY

Your Local Face-to-Face Meeting  
There must be one city around you!



State of the Art Safety Standards in RA  
THE EUROPEAN SOCIETY OF REGIONAL  
ANAESTHESIA & PAIN THERAPY

ASRA  
PAIN MEDICINE



AFRICAN  
SOCIETY OF  
REGIONAL  
ANESTHESIA



Joining Hands for a Pain Free Future Worldwide

# 1<sup>ST</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

# WORLD DAY

Saturday, 27 January 2024

08:30-09:00	<b>VENUE: ARRIVALS - REGISTRATIONS</b>
09:00-09:30	<b>WELCOME MESSAGES &amp; ADDRESSINGS</b>
09:00-09:20	<b>Welcome messages</b> Director of 1st World Day RAPM in Malaysia: <i>Dr Shahridan Mohd Fathil</i>
09:20-09:30	Group Photo Session
09:30-09:50	<b>SESSION 1 - PODCAST &amp; INTERACTIVE DISCUSSION</b>
	Message from RAPM Editor - In - Chief Speaker - Presenter: <i>Brian Sites (USA)</i>
09:50-11:00	<b>SESSION 2 - EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	We Have Read the Literature for You: Sister Societies Journal Club <i>Moderator: Dr Amiruddin Nik Mohamed Kamil</i>
15 mins	<b>Regional Anaesthesia Article: Cost-Benefit Review in RA (Dr Mafeitzeral Mamat)</b>
15 mins	<b>Regional Anaesthesia Article: Patient satisfaction with RA (Dr Shahridan Mohd Fathil)</b>
15 mins	<b>POCUS Article: Assessment of RA complications (Dr Ahmad Afifi Mohd Arshad)</b>
15 mins	<b>Chronic Pain Article: Role of RA in prevention of Chronic Post-Op Pain (Dr Khoo Eng Lea)</b>
10 mins	<b>Q&amp;A - Discussion</b>
11:00-11:20	<b>COFFEE BREAK</b>

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# WORLD DAY

Saturday, 27 January 2024

11:20-12:30	<b>SESSION 3 – EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>Everything You Need to Know for Shoulder Procedures</b> <i>Moderator: Dr Shahridan Mohd Fathil</i>
15 mins	<b>Back to Basics: Shoulder Anatomy</b> <i>(Dr Afiq Syahmi)</i>
15 mins	<b>Evidence Based Practice: RA Application in Shoulder Surgery</b> <i>(Dr Murni Mansor)</i>
30 mins	<b>How I Do It: The Shoulder Surgery Pathway</b> Clips from Various Centres of Excellence across the Globe
10 mins	<b>Q&amp;A – Discussion</b>
12:30-13:25	<b>SESSION 4 – EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>Ribs, Hips and Knees</b> <i>Moderator: Dr Ahmad Afifi Mohd Arshad</i>
15 mins	<b>Improving outcomes in rib fractures</b> <i>(Dr Tan Lin Jun)</i>
15 mins	<b>RA in Hip Fracture Pathways: The Malaysian Experience</b> <i>(Dr Mohd Fakhzan Hassan)</i>
15 mins	<b>Enhancing recovery after major knee surgery: Debunking the myths of RA</b> <i>(Dr Michael Beh Zhi Yuen)</i>
10 mins	<b>Q&amp;A – Discussion</b>
13:25-14:30	<b>LUNCH BREAK</b>

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# WORLD DAY

Saturday, 27 January 2024

14:30-17:30

**HANDS-ON SESSION 1 (20 MINUTES PER SESSION)**

**STATION 1: SHOULDER SURGERY A**

*(INTERSCALENE / SUPERIOR TRUNK)*

**STATION 2: SHOULDER SURGERY B**

*(PHRENIC SPARING BLOCKS)*

**STATION 3: KNEE SURGERY A**

*(ADDUCTOR CANAL/ FEMORAL TRIANGLE)*

**STATION 4: KNEE SURGERY B**

*(POSTERIOR KNEE)*

**COFFEE BREAK**

**STATION 5: HIP FRACTURE A**

*(SIFI/PENG)*

**STATION 6: HIP FRACTURE B**

*(LUMBAR ESP / QUADRATUS LUMBORUM)*

**STATION 7: BREAST SURGERY A**

*(ESP / SAPB)*

**STATION 8: BREAST SURGERY B**

*(PECS / PARASTERNAL)*

17:30

**CLOSING**

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