



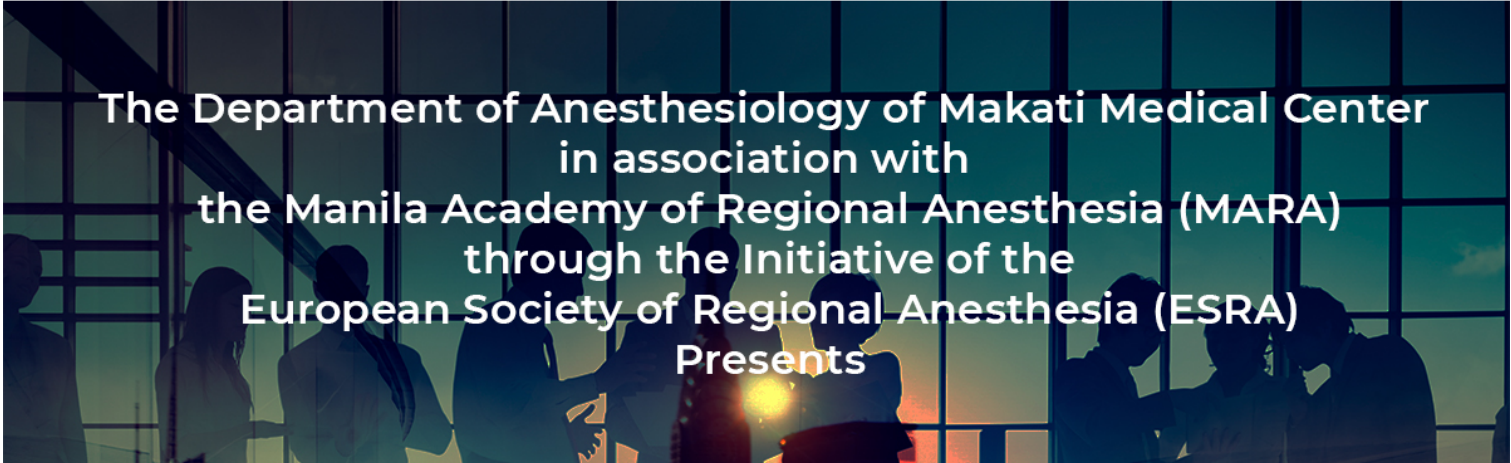
**mara**  
Manila Academy of Regional Anesthesia



**ASRA**  
PAIN MEDICINE



**AFSRA**  
AFRICAN  
Society of  
Regional  
Anesthesia



The Department of Anesthesiology of Makati Medical Center  
in association with  
the Manila Academy of Regional Anesthesia (MARA)  
through the Initiative of the  
European Society of Regional Anesthesia (ESRA)  
Presents

# 1st WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE

**Ledesma Hall,  
9th Floor, Tower 1, Makati Medical Center**

Saturday, January 27, 2024  
08:00 AM - 05:00 PM





# 1st WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE

## Ledesma Hall, Makati Medical Center

Saturday, January 27, 2024

**0800 - 0830H** - Registration

**0830-0850H**

**Welcome Remarks**

**Dr Amelia Reyles**

**Chair, Department of Anesthesiology**

**Makati Medical Center**

**Opening Remarks**

**Dr Penafrancia C. Cano**

**ESRA International Committee**

**Philippine Representative**

**Dr Sebastien Block** - Chair of ESRA Organizing Committee

**Dr. Eleni Moka** - ESRA President

**Presidents of Sister Societies**

**0850-0910H - SESSION 1 PODCAST AND INTERACTIVE DISCUSSION**

**Session Chairman: Dr Nathalia Montemayor**

**Message from RAPM Editor in Chief - Dr Brian Sites**

**Q and A Discussion**

**0910-1015H - SESSION 2 EXPERTS PANEL AND INTERACTIVE DISCUSSION**

**The «Joint» Club: Everything You Need to Know for Shoulder Procedures**

**Session Chair: Dr Penafrancia Cano**

**0910-0930H** - Shoulder Anatomy - **Dr Nazeer Ahmed (Qatar)**

**0930-0950H** - Evidence Based Practice: RA Application in Shoulder Surgery - **Dr Noel Aypa**

**0950-1010H** - Video clips: **Dr Sebastien Bloc, Dr Peter Merjavy, Dr Jeff Gadsden**

**1010-1050H** - Q and A

**1015-1040H** - SNACKS

**1040-1150H - SESSION 3 PLENARY LECTURE**

**The Ultrasound Club: Everything You need to Know for UGRA & POCUS**

**Session Chair: Dr Mae Anne Tabberah**

**1040 - 1100H** - RA Techniques in the ICU – Do they have a role? - **Dr Melissa Caranto**

**1100- 1120H** - POCUS Guided Fluid Resuscitation - **Dr Laiza Teodoro-Teoxon**

**1120-1130H** - Q and A



# 1st WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE

## Ledesma Hall, Makati Medical Center

Saturday, January 27, 2024

### 1130-1200H - SESSION 4 PLENARY LECTURE

Session Chair: Dr Joniday Nieva

1130-1150H

Pediatric Regional Anesthesia Worldwide: Fostering the Highest Standards - **Dr Kira Fernandez**

1150-1200H - Q and A

1200-1250H - LUNCH

### 1250-1310H - SESSION 5 - PODCAST

Session Chair - Dr Marie Angelica Lasac

1250-1310H

Obstetric Anaesthesia Care - Collaborating towards Global Progress in Maternal Health - **Dr Nuala Lucas**

1310-1320H - Q and A

### 1320-1350H - SESSION 6 - PLENARY LECTURE AND INTERACTIVE DISCUSSION

Session Chair: Dr Jacky Corpuz

1320-1340H -What's New in Obstetric Regional Anesthesia - **Dr Leland Ustare**

1340-1350H - Q and A

1350-1400H

### SESSION 7 - FUNNY QUIZ AND COMPETITION

Coordinator: Dr Richard Genuino and Dr Rommel Manderico

### 1400H-1500H - SESSION 8 - EXPERTS PANEL AND INTERACTIVE DISCUSSION

Chairperson: Dr Nazeer Ahmed

Pain Chronification Following Knee Surgery

1400 - 1420H - Preoperative Risk Factors for Persistent Post op Pain and Opioid Use - **Dr Emmanuell Villano**

1420-1440H - Transitional Pain Services & Medicine: The Missing Linkage - **Dr Johanna Marie Liu**

1440-1450H - Q and A

1450H-1520H - SNACKS

### 1520 - 1700H - SESSION 9 - WORKSHOP

1520 - 1540H - ESP, Paravertebral - **Dr Rommel Manderico**

1540 - 1600H - Interscalene, Superficial Cervical Plexus - **Dr Nazeer Ahmed**

1600 - 1620H - QL - **Dr Joniday Nieva**

1620 - 1640H - Neuraxial - **Dr Leland Ustare**

1640 - 1700H - Caudal - **Dr Kira Fernandez/Dr Richard Genuino**