



State of the Art Safety Standards in RA
 THE EUROPEAN SOCIETY OF REGIONAL
 ANAESTHESIA & PAIN THERAPY

ASRA
 PAIN MEDICINE



AFRICAN
 Society of
 Regional
 Anaesthesia

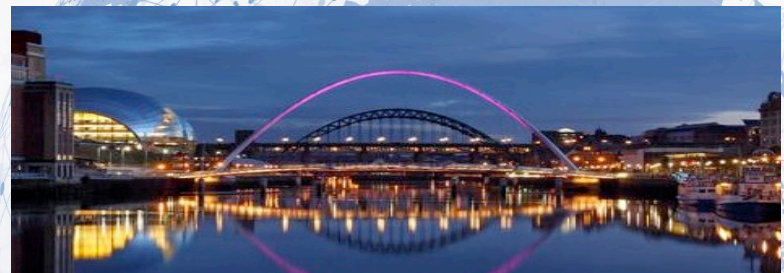


RA-UK
 Regional Anaesthesia United Kingdom

Joining Hands for
 a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 27 January 2024



- One Day
- One Common Scientific Program
- In over +100 Cities across all Continents

<https://bookcpd.com/course/esraworldday-newcastle>

WORLD DAY



Revitalisation
 FOR ANAESTHETISTS

Your Local Face-to-Face Meeting

THE EDUCATION CENTRE, RVI, NEWCASTLE UPON TYNE

PAJUNK
 Trust Tradition. Experience Innovation.



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
 Email: office@esraeurope.org

Delegate : £75
 RA-UK Member :£50
 ESRA Member: £25

SCIENTIFIC PROGRAM

Saturday, 27 January 2024

WORLD DAY

EDUCATION CENTRE, ROYAL VICTORIA INFIRMARY, NEWCASTLE

Your Local Face-to-Face Meeting
Here must be one city around you!

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Saturday, 27 January 2024

EDUCATION CENTRE, ROYAL VICTORIA INFIRMARY, NEWCASTLE

08:30-09:00	VENUE: ARRIVALS – REGISTRATIONS
09:00-09:30	WELCOME MESSAGES & ADDRESSINGS Welcome Video City Representative / City Liaison Person: - Dr Nat Haslam Country Representative: Welcome Message - Dr Nat Haslam Sebastien Bloc: Welcome Message – Chair of Event (via live streaming / recording stand by) Eleni Moka: Welcome Message – ESRA President (via live streaming / recording stand by) Sister Societies Presidents: Welcome Messages (possibly recordings, could be live streaming)
09:30-09:50	SESSION 1 – PODCAST & INTERACTIVE DISCUSSION
09:30 – 09:40 09:40 – 09:50	Chairperson: Dr Nat Haslam Message from RAPM Editor – In – Chief / podcast (approximately 10 min) Speaker – Presenter: Brian Sites (USA) Q&A – Discussion
09:30-10:40	SESSION 2 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	We Have Read the Literature for You: Sister Societies Journal Club Chairperson: Dr Nat Haslam
09:50 – 10:00	Regional Anaesthesia Article: Dr Jono Womack
10:00 – 10:10	Perioperative Care Article: Dr Louise Roberts
10:10 – 10:20	POCUS Article: Dr Lewis Gray
10:20 – 10:30	Chronic Pain Article: Dr Jim Hanson
10:30 – 10:40	Q&A – Discussion
10:40 – 11:00	COFFEE BREAK

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11:00 – 12:15	SESSION 3 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	The «Joint» Club: Everything You Need to Know for Shoulder Procedures Chairperson: Dr Louise Roberts
11:00 – 11:15	Back to Basics: USG Shoulder Anatomy – Live scanning - Dr Jim Hanson / Dr Kiran Koneti
11:15 – 11:40	Evidence Based Practice: RA Application in Shoulder Surgery – Dr Ash Gupta
11:40 – 12:00	How I Do It: The Shoulder Surgery Pathway Clips from Various Centres of Excellence across the Globe – esra – select 1-2 videos
12:00 – 12:15	Q&A – Discussion
12:15 – 13:30	SESSION 4 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	The "Ultrasound" Club: Everything You need to Know for UGRA & POCUS Chairperson: Dr Jono Womack
12:15 – 12:30	Application of RA Techniques in ER & Trauma Medicine – Prof Bob Jarman
12:30 – 12:45	RA Techniques in ICU: Do They Have a Role? - Dr Monica Jackson
12:45 – 13:15	POCUS Live Demonstration: Enhancing Patients' Safety - Bob Jarman/ Lewis Gray
13:15 – 13:30	Q&A – Discussion
13:30 – 14:15	LUNCH BREAK

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14:15 – 14:40	SESSION 5 – PLENARY LECTURE & INTERACTIVE DISCUSSION
	Chairperson: Dr Ross Thistlethwaite
14:15 – 14:30	Paediatric Anaesthesia Worldwide – Fostering the Highest Standards – Dr Claire Watkinson
14:30 – 14:40	Q&A – Discussion
14:40 – 15:00	SESSION 6 – PRERECORDED VIDEO & INTERACTIVE DISCUSSION
	Chairperson: Dr Ros Thistlethwaite
14:40 – 14:50	Obstetric Anaesthesia Care – Collaborating Towards Global Progress in Maternal Health Speaker: Nuala Lucas (UK)
14:50 – 15:00	Q&A – Discussion
15:00 – 15:25	SESSION 7 – PLENARY LECTURE & INTERACTIVE DISCUSSION
	Chairperson: Dr Ros Thistlethwaite
15:00 – 15:15	What's New in Obstetric Anaesthesia – Analgesia - Dr Sean Cope
15:15 - 15:25	Q&A – Discussion
15:25 – 15:40	SESSION 8 – FUNNY QUIZ & COMPETITION
	Coordinator: Dr Jono Womack Process: The Quiz Will be Available / Distributed via SLIDO or Similar Platform Result: BEST 3 Responders Worldwide Will Win a Free Registration For PRAGUE Congress
15:40 – 16:00	COFFEE BREAK

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16:00 – 16:40	SESSION 9 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	Pain Chronification Following Knee Surgery Chairperson: Dr Kiran K Koneti
16:00 – 16:10	Why Me? The «Cargo» of Risk Factors - Dr Suresh Narayanan
16:10 – 16:20	Transitional Pain Services & Medicine: The Missing Linkage? - Dr Fiona Makin
16:20 – 16:30	Chronic Pain Management: Closing the Gaps & Evidence Based Data - Dr Ansu Kansal
16:30 – 16:40	Q&A – Discussion
16:40 – 17:00	SESSION 10 – PRERECORDED VIDEO & INTERACTIVE DISCUSSION
	Chairperson: Dr Stephen Robb
16:40 – 16:50	Human Factors & Communication in Regional Anaesthesia Speaker – Presenter: Barbara Breebaart (Belgium)
16:50 – 17:00	Q&A – Discussion
	PARALLEL SESSIONS – HANDS ON CLINICAL WORKSHOPS
	END OF 1ST WORLD DAY: QUESTIONS – COMMENTS – DISCUSSION

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Parallel Live Scanning Sessions :

Session 1 : 11:00 – 12:00

R Bird, J Hanson, S Cope

Session 2: 12:15 – 13:15

R Thistlethwaite, A Kansal, A Gupta

Session 3: 14:15- 15:15

M Jackson, A Kansal, S Robb

Session 4: 16:00 – 17:00

Bob Jarman, L Gray, R Bird

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