Building Knowledge and Science in Regional Anaesthesia and Pain Medicine

12th ESRA Pain Cadaver Workshop

21-22 February 2024 | Innsbruck, Austria

35th ESRA RA Cadaver Workshop

23-24 February 2024 | Innsbruck, Austria

RA PROGRAMME

23-24 February 2024

07:45-08:30 Registration
08:30-08:45 Welcome

Friday, 23rd Feb 2024

08:45-10:15 **Session 1 - Upper Extremity Blocks**
Chair: A. Makris

Anatomy of the brachial plexus
H.-R. Honis, AUT

Nerve blocks above the clavicule
P. Merjavy, UK

Nerve blocks below the clavicule
D.S. Dirzu, ROM

Live model demo upper extremity blocks

Organising remarks
L. Kirchmair, AUT

10:15-10:45 Coffee Break

10:45-12:30 **Workshop I - Upper extremity blocks**

Ultrasonography for peripheral nerve blocks

12:30-13:30 Lunch Break

Saturday, 24th Feb 2024

08:15-10:00 **Session 3 - Thoraco-abdominal nerve blocks**
Chair: P. Kessler

Anatomy for thoraco-abdominal nerve blocks
B. Moriggl, AUT

Thoracic wall blocks
Y. Gurkan, TUR

Abdominal wall blocks
S. Coppens, BEL

10:00-10:30 Coffee Break

10:30-12:00 **Workshop 3 - Thoraco-abdominal wall blocks**

Ultrasonography for peripheral nerve blocks

12:00-13:00 Lunch Break

13:30-15:00 **Session 2 - Lower Extremity Blocks**
Chair: R. Eichholz

Anatomy of the lumbo-sacral plexus
B. Moriggl, AUT

Nerve blocks of the lumbar plexus
L. Valdez-Vilches, ESP

Nerve blocks of the sacral plexus
P. Kessler, GER

Live model demo lower extremity blocks

15:00-15:30 Coffee Break

15:30-17:00 **Workshop 2 - Lower extremity blocks**

Ultrasonography for peripheral nerve blocks

13:00-15:00 **Session 4 - Miscellaneous**
Chair: P. Merjavy

How to improve success and safety of peripheral nerve blocks?
L. Kirchmair, AUT

How to prolong PNBs
M. Wolmarans, UK

Landmarks and ultrasonography for peripheral nerve blocks on live models
Demonstrations and discussion with faculties

15:00-15:30 Coffee Break

15:30-17:00 **Workshop 4 - Mixed blocks**

Ultrasonography for peripheral nerve blocks