

Building Knowledge and Science in
Regional Anaesthesia and Pain Medicine

3rd ESRA WITTEN CADAVER WORKSHOP

Witten/Herdecke University, Germany
4-5 November 2023



Day 1, Saturday 4th November 2023

07:30 – 08:00	Registration		min
08:00 – 08:15	Welcome	Feigl, Kessler, Merjavy	
08:15 – 09:20	Lectures		
	Applied anatomy for Upper Limb Blocks	Feigl	20
	U/S demo upper limb blocks	Merjavy + Kostadinov	30
	Principles of In Plane and Out of Plane needling	Merjavy	15
09:20 – 09:50	Workshop Needling practice – all groups at the same time	all faculty	30
09:50 – 10:20	Coffee		
10:20 – 12:50	Workshop 1 – Upper Limb		
	Station (30 min each)	Rotation groups A-E	
	Upper limb Anatomy	1) Feigl	
	CAD Needling Above clavicle	2) Salviz	
	CAD Needling Below clavicle	3) Frkovic	
	Live U/S Above clavicle	4) Kessler	
	Live U/S Below clavicle	5) Makris	
13:00 – 13:50	Lunch		
13:50 – 14:40	Lectures Thoracic & Abdominal wall blocks		
	Applied anatomy for thoracic and abdominal wall blocks	Feigl	20
	U/S demo thoracic & abdominal wall blocks	Salviz + Makris	30
14:40 – 15:10	Coffee		
15:10 – 17:40	Workshop 2 – Thorax & Abdomen		
	Station (30 min each)	Rotation groups A-E	
	Thorax & Abdomen Anatomy	1) Feigl	
	CAD Needling Thorax/Abdo	2) Kessler	
	CAD Needling Thorax/Abdo	3) Merjavy	
	Live U/S Thoracic blocks	4) Makris	
	Live U/S Abdominal blocks	5) Kostadinov	



Day 2, Sunday 5th November 2023

08:00 – 09:40	Lectures Lower extremity		
	Anatomy of Lumbo-sacral plexus	Feigl	20
	Demo	Kessler + Kostadinov	30
	Applied anatomy for Spinal & Paraspinal blocks	Feigl	20
	Demo	Salviz + Frkovic	30

09:40 – 10:10 Coffee

10:20 - 12:50 **Workshop 3 – Lower Limb**

Station (30 min each) Rotation groups A-E

Lower Limb Anatomy	1) Feigl
CAD Needling Lumbar Plexus	2) Salviz
CAD Needling Sacral Plexus	3) Makris
Live U/S Lumbar plexus	4) Kessler
Live U/S Sacral plexus	5) Merjavy

13:00 – 13:50 Lunch

13:50 – 16:20 **Workshop 4**

Station (30 min each) Rotation groups A-E

U/S - SSN Ant/Post + CPB	1) Kostadinov
Distal UL blocks	2) Kessler
Ankle block	3) Merjavy
CAD Needle ESP/PVB	4) Frkovic
CAD Needle Distal UL	5) Salviz

16:30 Closing remarks Kessler, Merjavy

Kessler
Merjavy
Salviz
Frkovic
Kostadinov
Makris

