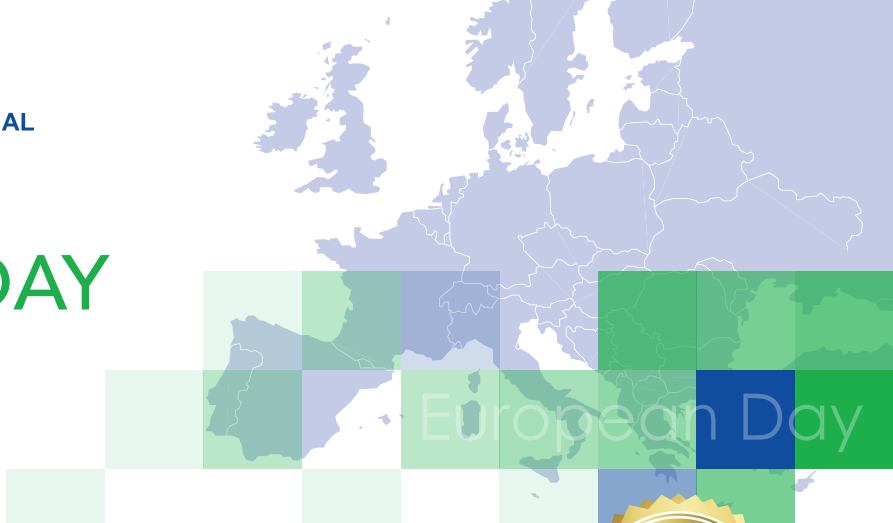




State of the Art Safety Standards in RA

THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

6TH EUROPEAN DAY OF REGIONAL ANAESTHESIA



January 28, 2023 | Rotana Beach Hotel, Abu Dhabi, UAE



WELCOME MESSAGE

Dear Colleagues,

It gives me a great pleasure to invite you to attend the **6th European Day of Regional Anesthesia** organized by the European Society of Regional Anesthesia and Pain Medicine. This great endeavor is held concomitantly in 18 European cities to spread the knowledge about Regional Anesthesia and Pain Medicine. Dr. Clara Lobo, former general secretary of ESRA and myself are proud to involve Abu Dhabi to this European initiative.

The program will be designed as in Europe with lectures, podcasts, and practical Workshops. Your registration will automatically register you as ESRA member which will allow you to have a free access to all ESRA academic activities.

Looking forward to seeing you on the 28th of January 2023.



Dr. Amar Salti

Organizing Committee
Consultant Anesthesia and
Interventional Pain Medicine
Abu Dhabi, UAE



Dr. Clara Lobo

Consultant Anesthesia
Cleveland Clinic Abu Dhabi
Abu Dhabi, UAE

***By registering to this event,
you will become automatically an ESRA member***

REGISTRATION FEE - 1,200 AED
5% VAT Exclusive

CLICK HERE



SCIENTIFIC PARTNER



MANAGED BY:



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SCIENTIFIC PROGRAM

8:00 Onsite Registration

8:50 Welcome Note Workshop Committee

Session 1: Handling Patient Expectation

9:00 In Pre-Anesthesia Consult Dr. Teodor Stefanov

9:15 Acute Pain Dr. Jaya Batra

9:30 Chronic Pain Intervention Dr. Eric François

9:45 Mindfulness: Friend or Foe? Dr. Kelly Kaufman

10:00 Question and Answer

Session 2: Ambulatory Service

10:15 Why RA Should Be A Star in The Ambulatory Center? Dr. Amar Salti

10:30 How to Make RA Real in The Ambulatory Centre? Dr. Elia Del Rosario

10:45 What's the Ideal RA for Ambulatory Center? Dr. Rafael Blanco

11:00 How to Manage RA Out of The Hospital? Dr. Waleed Riad

11:15 Question and Answer

Session 3: Transitional Pain Service

11:30 What It Is? Dr. Himanshu Chauhan

11:45 What It Does? Dr. Amit Verma

12:00 How to Implement It? Dr. Clara Lobo

12:15 How Interventions Can Prevent Chronicity? Dr. Reda Tolba

12:30 Question and Answer

Session 4: Podcasts

12:45 Top 5 Rare Chronic Pain Syndromes

13:30 Lunch

Session 5: Workshops and ESRA Standards

14:30 RA for Shoulder Surgery Dr. Ahmad Taha / Dr. Manish Nathani

15:15 RA for Hip Surgery Dr. Mohamed Ibrahim / Dr. Waleed Riad

16:00 RA for Knee Surgery Dr. Clara Lobo / Dr. Pierre Yve Lequeux

16:45 RA for Ankle Surgery Dr. Abeer Sharif / Dr. Jaya Batra / Dr. Hiamanshu Chauhan

17:30 Abdominal Wall Blocks Dr. Amar Salti / Dr. Saurab Suri

18:15 Thoracic Wall Blocks Dr. Rafael Blanco / Dr. Jeston Kurian / Dr. Amit Verma

19:00 End of Meeting and Closing Remarks

6TH EUROPEAN DAY OF REGIONAL ANAESTHESIA



ESRA Member Benefits

ESRA continues to be at the forefront of education and research in regional anaesthesia. Only as an ESRA member can you access a vast range of exclusive benefits. Join ESRA today and reach out a community of over 6'000 members!

- Reduced registration fees to ESRA workshops, courses and international congresses of ESRA, ASRA, LASRA, and WCRAPM
- Free access to the e-ESRA, your interactive online congress
- Subscription and online access to the Regional Anesthesia and Pain Medicine journal (RAPM)
- Free access to the full USabcd curriculum
- Eligibility to apply to the ESRA examinations:
 - ✓ European Diploma in Regional Anaesthesia & Acute Pain Management (EDRA)
 - ✓ European Diploma in Pain Medicine Management (EDPM)
- Eligibility to benefit from an ESRA grant
- Premium access to the ESRA Academy, offering online scientific content:
 - ✓ Webcasts/Podcasts
 - ✓ E-posters
 - ✓ Scientific article reviews
 - ✓ Tutorial Videos
 - ✓ Quizzes and more!
- 10% fees reduction to the MSc in Regional Anaesthesia – University of East Anglia (United Kingdom)
- Premium access to the ESRA members' zone
- Right to use ESRA for meetings promotions on our website calendar

