

Obstetric Anaesthesia -
Research into Practice

7th ESRA

Sunny Autumn
Meeting

2-6 October 2023, Algarve, Portugal



PROGRAMME

Monday, 2nd Oct 2023

- 16:00-17:00 Registration
- 17:00-19:00 **Session 1: Obstetric anaesthesia
an overview**
Chairs: Marc Van de Velde & Nuala Lucas
- 17:00-17.20
A history of obstetric anaesthesia
Xandra Schyns-van den Berg
- 17.20-17.40
**The physiological changes of pregnancy
key aspects for anaesthetic practice**
Marc Van de Velde
- 17.40-18.00
**Morbidity and Mortality in Obstetric
Anesthesia**
Nuala Lucas
- 18.00-18.30
What's new in obstetric anaesthesia?
Cynthia Wong
- 18.30-19.00
Discussion
- 19:00-22:00 Welcome reception

Tuesday, 3rd Oct 2023

Session 2: Labour analgesia: a critical appraisal of the available options

Chairs: John Loughrey & Desire Onwochei

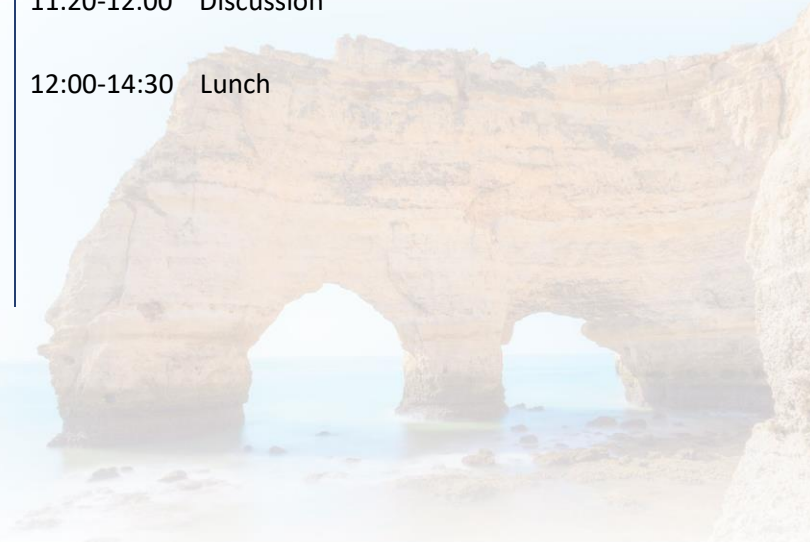
- 08.00-08.20 **Non-neuraxial labour analgesia**
John Loughrey
- 08.20-08.40 **Initiation of neuraxial labour analgesia**
Prof. Dr. Marc Van de Velde (Belgium)
- 08.40-09.00 **Maintenance of neuraxial labour analgesia**
Cynthia Wong
- 09.00-09.20 **The ideal local anaesthetic mixture for labour analgesia**
Desire Onwochei
- 09.20-09.50 Discussion
- 09.50-10.20 Coffee
- 10.20-10.40 **Ultrasound and neuraxial analgesia always, sometimes, never**
John Loughrey
- 10.40-11.00 **Effects of labour analgesia on fetus, neonate and obstetric outcome**
Cynthia Wong
- 11.00-11.20 **Managing the failing labour epidural**
Nuala Lucas
- 11.20-11.40 **The parturient with coagulation disorders**
Nuala Lucas
- 11.40-12.00 Discussion
- 12.00-14.30 Lunch

Wednesday, 4th Oct 2023

Session 3: Anaesthesia for caesarean section: all secrets unraveled

Chairs: Cynthia Wong & Eva Roofthoof

- 08.00-08.25 **Regional anaesthesia for elective caesarean section**
Sarah Devroe
- 08.25-08.50 **Regional anaesthesia for unplanned caesarean section**
John Loughrey
- 08.50-09.15 **General anaesthesia for caesarean section**
Marc Van de Velde
- 09.15-09.50 Discussion
- 09.50-10.20 Coffee
- 10.20-10.40 **Minimizing pain and distress during caesarean section under neuraxial anaesthesia**
Nuala Lucas
- 10.40-11.00 **Managing post-caesarean section pain**
Marc Van de Velde
- 11.00-11.20 **Does anaesthesia have a role in external cephalic version**
Desire Onwochei
- 11.20-12.00 Discussion
- 12:00-14:30 Lunch



Thursday, 5th Oct 2023

Session 4: Crises in obstetric and the high-risk obstetric patient: obstetric complications and pathology

Chairs: Steffen Rex & Sarah Devroe

- 08.00-08.25 **Anaesthetic management of preeclampsia**
Sarah Devroe
- 08.25-08.50 **Obstetric hemorrhage part 1: Causes, epidemiology, protocols, uterotonics, transfusion policy**
Desire Onwochei
- 08.50-09.15 **Obstetric hemorrhage revisited 2: Coagulation management, patient blood management, placental problems, surgery, interventional radiology**
Marc Van de Velde
- 09.15-09.40 **Anaesthetic management of cardiac disease in pregnancy**
Steffen Rex
- 09.40-10.00 Discussion
10.00-10.20 Coffee
- 10.20-10.40 **The obese parturient**
John Loughrey
- 10.40-11.00 **Neurologic deficit in the postpartum**
Cynthia Wong
- 11.00-11.20 **Anaesthetic management of neurological disease in pregnancy**
Xandra Schyns-van den Berg
- 11.20-12.00 Discussion
- 12:00-14:30 Lunch

Friday, 6th Oct 2023

Session 5: Beyond the labour ward

Chair: Marc Van de Velde

- 08.00-08.25 **Minimizing the environmental impact of obstetric anaesthesia – what can I do?**
Steffen Rex
- 08.25-08.50 **Anaesthesia during pregnancy for non-obstetric reasons and for fetal interventions**
Sarah Devroe
- 08.50-09.15 **Post-dural puncture headache**
Xandra Schyns-van den Berg
- 09.15-09.40 **Identification and management of maternal critical illness & sepsis**
Nuala Lucas
- 09.40-10.00 Discussion
10.00-10.30 Coffee
- 10.30-10.50 **Avoiding medicolegal problems in obstetric anaesthesia**
Xandra Schyns-van den Berg
- 10.50-11.30 **Final burning questions on any obstetric anesthesia topic**
Audience and full faculty
- 11.30-11.45 **Summarizing the meeting: what have we learnt?**
Nuala Lucas & Marc Van de Velde
- 11.45 **End of the meeting**
Marc Van de Velde & Nuala Lucas
- 12:00-14:30 Lunch

