

# 17<sup>th</sup> ESRA

## Winter Week Conference

22-27 January 2023 | Längenfeld, Austria

Längenfeld

### PROGRAMME

#### Sunday, 22 January 2023

17:30-19:00 Registration opens

19:00-20:30 Opening Words & Welcome Reception - Jens Borglum

#### Monday, 23 January 2023

08:00-10:00

##### **MORNING LECTURES - All Participants to attend**

08.00-08.30 Fascial planes of the trunk  
Carla Stecco

08.30-09.00 Standardizing nomenclature in regional anesthesia  
Barbara Versyck

09.00-09.30 Choosing the correct LA  
Morne Wolmarans

09.30-10.00 Update on labour analgesia  
Sarah Armstrong

17:00-19:00

##### **POST SKI INTERACTIVE SESSIONS Post Ski Interactive Sessions – Live Demonstration & Discussions**

17.00-17.20 Molecular Aspects of Fascia  
Carla Stecco

17.25-17.45 Do we need cadaveric workshops in the 21st Century?  
Peter Merjavj

17.45-18.30 Scanning of truncal blocks  
Steve Coppens

18.45-19.00 Wrap up

#### Tuesday, 24 January 2023

08:00-10:00

##### **MORNING LECTURES - All Participants to attend**

08.00-08.30 Fascia and pain perception  
Carla Stecco

08.30-09.00 ERAS programs for abdominal and thoracic surgery  
Steve Coppens

09.00-09.30 Accidental dural puncture – stick it in or pull it out?  
Sarah Armstrong

09.30-10.00 Contemporary data on intrathecal morphine for lower limb arthroplasty  
Eric Albrecht

17:00-19:00

##### **POST SKI INTERACTIVE SESSIONS Post Ski Interactive Sessions – Live Demonstration & Discussions**

17.00-17.20 Ideal approach and optimal technique for brachial plexus blocks  
Eric Albrecht

17.25-17.45 Topical Airway Anesthesia  
Geert-Jan van Geffen

17.45-18.30 Scanning for all, lower extremities  
Jens Borglum

18.45-19.00 Wrap up

## Wednesday, 25 January 2023

08:00-10:00

### **MORNING LECTURES - All Participants to attend**

08.00-08.30 Plane blocks for breast surgery  
Barbara Versyck

08.30-09.00 How to prolong peripheral nerve block  
Eric Albrecht

09.00-09.30 Safety in RA  
Steve Coppens

09.30-10.00  
Infraclavicular block, hated, adored but never ignored  
Peter Merjavj

17:00-19:00

### **POST SKI INTERACTIVE SESSIONS Post Ski Interactive Sessions – Live Demonstration & Discussions**

17.00-17.20 Getting maternal analgesia right  
Sarah Armstrong

17.25-17.45 The role of Regional Anaesthesia in space exploration  
Barbara Versyck

17.45-18.30 Scanning for all upper extremities  
Morne Wolmarans

18.45-19.00 Wrap up

## Thursday, 26 January 2023

08:00-10:00

### **MORNING LECTURES - All Participants to attend**

08.00-08.30 The 5 best papers in Regional Anesthesia  
Morne Wolmarans

08.30-09.00 Optimal pain relief for knee surgery  
Jens Borglum

09.00-09.30 Neuraxial ultrasound: update and review  
Barbara Breebart

09.30-10.00 US-guided interventions in low back pain  
Manfred Greher

17:00-19:00

### **POST SKI INTERACTIVE SESSIONS Post Ski Interactive Sessions – Live Demonstration & Discussions**

17.00-17.20 Wrong sided blocks and how to improve your block room  
Barabara Breebaart

17.25-17.45 Game of Gnomes: focus on small nerves  
Manfred Greher

17.45-18.30 Scanning for all, pain blocks  
Manfred Greher

18.45-19.00 Wrap up

## Friday, 27 January 2023

08:00-10:00

### **MORNING LECTURES - All Participants to attend**

08.00-08.30 Nerve blocks to treat headaches  
Manfred Greher

08.30-09.00 And now for something completely different: body language  
Barbara Breebart

09.00-09.30 Infection en Asepsis in peripheral blocks  
Peter Merjavj

09.30-10.00 VR in regional anesthesia  
Geert-Jan van Geffen