

4th ESRA Residents & Trainees Workshop

Programme

Venue:

For lectures and workshops

Hospital das Forças Armadas, Pólo Porto
Av. da Boavista S/N, 4050-113 Porto, Portugal

For simulation workshops only

Centro Biomédico de Simulação CHUPorto/ICBAS (CBS)
ex-CICAP - Rua D. Manuel II, Porto, Portugal

The simulation workshops take place in the Porto's University's Simulation Centre. **They are marked in colour.**

All the rest of the programme takes place in the Hospital das Forças Armadas.

1st day: Friday, 1st April 2022

07:30 – 8:00 Registration

08:00-08:30 Welcome, introduction and organisation remarks

	Hands-on 1	Hands-on 2	Simulations
08:30-9:50	Group A	Group B	Group C
9:50-10:10	Coffee break	Coffee break	Coffee break
10:10-11:30	Group A	Group B	Group C

12:00-12:30 Catheter techniques

Keynote lecture with case discussion – Christian Bergek

12:30-13:00 Nerve injury. What to do before nerve damage?**Awake or asleep blocks?**

Keynote lecture with case discussion – Joana Magalhães

13:00-14:30 Lunch**14:30-15:00 Neuraxial blocks; avoiding the headaches of PDPH**

Keynote lecture with case discussion – Vedran Frkovic

	Hands-on 1	Hands-on 2	Simulations
16:00-16:20	Group B	Group C	Group A
16:20-16:40	Coffee break	Coffee break	Coffee break
16:40-18:00	Group B	Group C	Group A

18:00-18:30 Closure of the 1st day HFAR & Simulation**18:30 Wine Festival – Essência do Vinho at Palacio da Bolsa**

2nd day: Saturday, 2nd April 2022

	Hands-on 1	Hands-on 2	Simulations
08:00-9:20	Group C	Group A	Group B
9:20-9:50	Coffee break	Coffee break	Coffee break
9:50-11:00	Group C	Group A	Group B

11:30 – 12:00 POCUS

Keynote lecture with case discussion – Alexandros Makris

12:00 – 13:00 Obstetrics and RA

Keynote lecture with case discussion – Marc Van de Velde & Eva Roofthoof

13:00-14:00 Lunch

14:00-15:00 Multimodal analgesia, what is it?

Keynote lecture with case discussion – Geert Jan Van Geffen/Maria Tileli

15:00-15:30 Pharmacology of LA; anticoagulation and blocks

Keynote lecture with case discussion – Clara Lobo

15:30 Closure of the course

Simulation scenarios:

- Compartment syndrome
- Total spinal
- Peripheral nerve catheter malfunction
- LAST
- PDPH in obstetrics
- Epidural hematoma
- ASA 4 patient for hip surgery

Hands-on sessions:

- Shoulder surgery
- Elbow and hand
- Hip surgery
- Knee surgery and below knee
- Abdominal surgery
- Thoracic surgery
- POCUS

Faculty:

International

- Josip Azman
- Christian Bergek
- Vedran Frkovic
- Geert-Jan van Geffen
- Clara Lobo
- Peter Merjavy
- Humberto Rebelo
- Eva Roofthoof
- Maria Tileli
- Marc Van de Velde
- Morné Wolmarans
- Roman Zuercher
- Alexandros Makris

Local

- Raquel Fernandes
- Duarte Machado
- Joana Magalhaes
- Lara Ribeiro
- Marta Pereira
- Edgar Semedo
- Ronald Silva
- João Moreira