



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

Building Knowledge and Science
in Regional Anaesthesia and
Pain Medicine

9th ESRA Pain Cadaver Workshop

23-24 February 2022
Innsbruck, Austria



Innsbruck



ESRA Office:

Tel: +41 22 510 5610 | Email: office@esraeurope.org

Info and Registrations
www.esraeurope.org

"Lifeless Meets Living"

Department of Anatomy, Histology and Embryology: Division of Clinical and Functional Anatomy

WEDNESDAY, 23 FEBRUARY 2022

- 15:30-16:00 Registration
- 16:00-16:10 Welcome (*Prof B Moriggl, Dr Andrzej Krol, Dr David Lorenzana*)
- 16:10-16:30 Ultrasound in Pain Medicine - An Introduction (*Dr Andrzej Krol*)
- 16:30-16:45 Relevant Sono-Anatomy (*Prof Bernhard Moriggl*)
- 16:45 - 17:15 Interactive Lecture Live Model Demo - Cervical Spine / Nerve Roots / Medial Branches / Cervical Plexus / Stellate Ganglion
Prof Paul Kessler/ Dr David Lorenzana
- 17:15 – 17:30 Coffee
- 17:30– 17:45 Relevant Sono-Anatomy (*Prof Bernhard Moriggl*)
- 17:45-18:15 Interactive Lecture Live Model Demo -Anterior Abdominal Wall / Hip & Trochanter/ Knee and Genicular Nerves
Dr Andrzej Krol/Severine Burki
- 18:15 – 18:30 Relevant Sono-Anatomy (*Prof Bernhard Moriggl*)
- 18:30 -19:00 Interactive Lecture Live Model Demo / Lower Back: Lumbar Facets / Caudal/ Sacroiliac joint
Posterior pelvis: Gluteal Pain Syndrome
Dr Ashish Shetty / Dr Gustavo Fabregat

THURSDAY, 24 FEBRUARY 2022

08:30 -08:45 Relevant Sono-Anatomy (*Prof Bernhard Moriggl*)

08:45 - 09:15 Interactive Lecture Live Model Demo /Suprascapular Nerve / Shoulder / Upper Limb Common Nerves Entrapments

Dr Athmaja Tottungal / Dr Esperanza Ortigosa

09:30 – 12:10 Workshops Rotation Plan

09:30- 10.:10 Rotation 1

10:10 – 10.50 Rotation 2

10:50 -11:10 Coffee

11:10 – 11.50 Rotation 3

11.:50 – 12.30 Rotation 4

Lunch 12.30 – 13.30

13:30- 16:30 Workshops-Rotation Plan

13.30-14.10 Rotation 5

14.10 – 14.50 Rotation 6

14.50- 15.10 Coffee

15.10- 15.50 Rotation 7

15.50- 16.30 Rotation 8

16:30- 17:00 Case Discussions / Closure

17:00 End of Course

Workshops (40 Minutes Per Station)

Station 1 (M) *Prep-Room East*

Model : I Anterior Neck (Cervical Roots, Suprascapular nerve, Stellate Ganglion)

Station 2 (M) *Prep-Room East*

Model : I Lateral & Posterior Neck (GON, CMB, Suprascapular n (posterior) , Shoulder joint

Station 3 (M) *Prep-Room East*

Model : Anterior Abdominal Wall / Hip / Knee

Station 4 (M) *Prep-Room East*

Model : Lumbar Spine / Buttock

Station 5 (C) *Prep-Room Central*

Cadaver Supine : Cervical Roots, Suprascapular nerve, Stellate Ganglion -

Scanning and Needling / Anatomical Demonstration & Teaching - on Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 6 (C) *Prep-Room Central*

Cadaver Prone : Lateral & Posterior Neck/Thorax

Scanning and Needling/ Anatomical Demonstration & Teaching - On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 7 (C) *Prep-Room Central*

Cadaver Supine Anterior Abdominal Wall / Hip / Knee

Scanning and Needling. Anatomical Demonstration & Teaching - On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 8 (C) *Prep-Room Central*

Cadaver Prone Lumbar Spine / Posterior Pelvis (Gluteal Region)

Scanning and Needling / Anatomical Demonstration & Teaching - On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine