



EDRA application requirements

European Diploma in Regional Anaesthesia and Acute Pain Management (EDRA)

Application requirements for EDRA Part I

Medically qualified physicians wishing to take the EDRA Part I examination must meet the following prerequisites:

1. The applicant has been in an official anaesthesiology training programme for a minimum of 2 years before applying for the examination.
2. The applicant must have attended a minimum of 1 ESRA* workshop or CME / CDP**-approved workshop***. **Exceptionally in 2020 since many workshops were cancelled due to the COVID-19, the EDRA Board agreed that candidates would be eligible even if they have not attended a workshop before the EDRA part I. The full workshops requirements will need to be fulfilled to be eligible for the part II.**
3. The applicant is an ESRA member who holds valid membership at the time of registration.
4. The applicant must have a good command of English.
5. **For exams held in Europe:** Once accepted, the applicant should both purchase registration to the ESRA annual congress and pay for the examination in order to finalise his / her application (Congress registration is **not** mandatory for re-takers.). In case a candidate is unable to attend the congress when taking the Part I, he can also attend it the same year as he will take the Part II. It is however highly recommended to attend the congress when writing the first part of the examination.

For exams held outside the ESRA annual congress: Once accepted, the applicant must both purchase registration to the corresponding congress and pay for the examination in order to finalise his / her application. The congress registration policy, also for re-takers, depends on the policies of the congress in question.

** The following are considered ESRA workshops: ESRA Congress WS, ESRA Cadaver WS in Innsbruck, Paris, Madrid or Eastern Europe WS; ESRA Winter Week; ESRA Trainees WS.*

*** Workshops must have CME / CPD accreditation approved by the official national anaesthetic colleges / faculty or educational body, where appropriate. The number of CME / CPD points must be visible on the certificate.*

**** In order for a pain workshop or pain cadaver course to be recognised for the EDRA diploma criteria, it will be the duty of the candidate to provide the course program and curriculum information to the EDRA office. It is the candidate's responsibility to obtain this information from the course organisers.*

The techniques and blocks that were taught, the amount of time at the workshop or cadavers (hours) will be scrutinised. Pain workshop and pain courses will only be recognised for EDRA criteria if they also include common regional anaesthesia techniques (peripheral and/or neuraxial).

Application requirements for EDRA Part II

Any applicant who passed EDRA Part I before applying for EDRA Part II must also meet the following prerequisites (there is no time limitation between the Part I and the Part II):

1. Written confirmation by the Head of the Department / Programme director that the applicant has performed:
 - i. **150 neuraxial blocks**, including spinal, epidural, and combined spinal / epidural.
 - ii. **150 peripheral nerve blocks**, including
 - 75 upper limb nerve blocks including: interscalene, supraclavicular, infraclavicular, axillary and distal nerve blocks at elbow and wrist level.
 - 75 lower limb nerve blocks including: sciatic, femoral, popliteal and nerve blocks at the ankle level.
 - iii. **Various nerve blocks**, including paravertebral, intercostal, abdominal wall blocks, PECS, penile, caudal, and IVRA (Bier's block).
2. **Certificate of attendance of at least 3 courses / workshops, at least 1 of which is an ESRA* workshop.** (The workshop needed for Part I is included in this number; 3 workshops are required in total.)
 - i. **1 Cadaver Workshop*****
ESRA Congress Cadaver WS; ESRA Cadaver WS in Innsbruck, Paris, Madrid or Eastern Europe WS or another CME / CPD**-approved Cadaver WS.
Combined Cadaver and Ultrasound WS / Course will be recognised as Cadaver WS.
In order for a pain workshop or pain cadaver course to be recognised for the EDRA diploma criteria, it will be the duty of the candidate to provide the course program and curriculum information to the EDRA office. It is the candidate's responsibility to obtain this information from the course organisers. The techniques and blocks that were taught, the amount of time at the workshop or cadavers (hours) will be scrutinised. Pain workshop and pain courses will only be recognised for EDRA criteria if they also include common regional anaesthesia techniques (peripheral and/or neuraxial).
 - ii. **2 Hands-on Workshops*****
ESRA Hands-on workshops at the Congress and the Winter Week or another CME / CPD**-approved WS.

**The following are considered ESRA workshops: ESRA Congress WS; ESRA Cadaver WS in Innsbruck, Paris, Madrid or Eastern Europe WS; ESRA Winter Week; ESRA Trainees WS.*

***Workshops must have CME / CPD accreditation approved by the official national anaesthetic colleges / faculty or educational body, where appropriate. Number of CME / CPD points must be visible on the certificate.*

**** In order for a pain workshop or pain cadaver course to be recognised for the EDRA diploma criteria, it will be the duty of the candidate to provide the course program and curriculum information to the EDRA office. It is the candidate's responsibility to obtain this information from the course organisers. The techniques and blocks that were taught, the amount of time at the workshop or cadavers (hours)*

will be scrutinised. Pain workshop and pain courses will only be recognised for EDRA criteria if they also include common regional anaesthesia techniques (peripheral and/or neuraxial).

For candidates who have passed EDRA Part I outside Europe

Due to logistical reasons, in some countries it is impossible to conduct Cadaver WS. This means ESRA will only be able to host cadaver workshops in selected countries, to ensure our high standards are maintained. Part II applicants who have passed EDRA Part I outside Europe will be allowed to count the cadaver WS and / or the ESRA workshop taken during the ESRA Annual Meeting as one of their required workshops. EDRA Part II examinations will take place for all candidates prior to the congress, but in order for these candidates to receive the EDRA diploma, workshop registration and attendance is required and the certificate must be sent to the EDRA Secretary for verification.

3. Valid ESRA membership at registration

4. Good command of English

No test or diploma is required, but if the candidate cannot express himself / herself or cannot understand the examiner, exam failure is likely. In their own interest, candidates with a poor command of English should improve their skills prior to registering for EDRA Part II.

5. Once accepted, the applicant must pay for the examination in order to finalise the application.

For candidates who have passed EDRA Part I outside Europe

Once accepted, the applicant must both pay the registration fee for the ESRA Annual Congress and pay the examination fee in order to finalise the application.

Candidates who have passed EDRA Part I in Europe and have not registered for the congress when writing Part I must pay the registration fee for the ESRA Annual Congress. Only 1 congress registration is necessary.