



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

One day
One program
In over 30 cities in Europe

4th European Day of Regional Anaesthesia

Saturday 30 January 2021



European Day

Your face-to-face meeting

European Day

PROGRAMME

08:00 – 13:30

LECTURES & PODCASTS

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| INTRODUCTION | Thomas Volk & Sebastien Bloc |
| PODCAST: Tools for comfort in the theater for awake surgery : music & virtual reality | Veena Graff, USA |
| LECTURE: PRO/CON - Sedation or awake for RA | [Local expert] |
| PODCAST: WALANT: a chemical tourniquet | Frederic Le Saché, France |
| LECTURE: Distal blocks for hand and foot surgery - Live demo and/or lecture | [Local expert] |
| PODCAST: Tips & Tricks for Neuraxial Ultrasound | Manoj Karmakar, China |
| LECTURE: Reintroducing Prilocaine and Chloroprocaine, what we have learned in the last 10 years ? | [Local expert] |
| PODCAST: POCUS: the newest power of the anesthesiologist | Jan Boublik, USA |
| LECTURE: The use of US/POCUS in daily practice of anesthesia | [Local expert] |
| PODCAST: Prevention & management of nerve injury associated to nerve blocks | José Aguirre, Switzerland |
| LECTURE: RA should be the norm: COVID pandemia experience | [Local expert] |

LUNCH

14:30 – 17:00

LOCAL ORGANIZATION: ROUND TABLES, LIVE DEMOS, WORKSHOPS, PODCASTS

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| PODCAST: Understanding the european clinical practice recommendations on opioids for non-cancer pain | Eric Buchser, Switzerland |
| PODCAST: Best technology and outcomes for radiofrequency ablation of major joint | Andrzej Krol, UK |
| PODCAST: Trunk fascial plane blocks nomenclature | Kariem El-Boghdadly, UK |

