

# 13<sup>th</sup> ESRA RA-UK Ultrasound in Pain Medicine Course London 19-20 March 2021

## DAY ONE: FRIDAY, 19 MARCH 2021

Venue: H2.6, H2.7 and H2.8 Board Rooms, Second Floor, Hunter Wing, St George's, University of London, Cranmer Terrace, London, SW17 0RE, United Kingdom  
(Closest underground train station is Tooting Broadway)

### PROGRAMME

- 08.30-09.00    **REGISTRATION/TEA & COFFEE/EXHIBITION**
- 09.00-09.15    **Introduction** (*Dr Andrzej Krol, UK / Dr Barry Nicholls, UK*)
- 09.15-10.00    **MAIN LECTURE: SonoAnatomy & Pain Medicine** (*Prof Bernhard Moriggl, Austria*)

### ***INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING***

#### **10.00-10.55    SESSION ONE    Chair: Dr Barry Nicholls**

- 10.00-10.15    **Cervical Roots, Stellate Ganglion, Suprascapular N**  
(*Dr Andrzej Krol, UK / Dr Raja Reddy UK*)
- 10.15-10.55    **Hands-on Live Scanning**

### ***10.55-11.15 TEA, COFFEE & PASTRIES/EXHIBITION***

#### **11.15-13.05    SESSION TWO    Chair: Prof Bernhard Moriggl**

- 11.15-11.30    **Cervical MBB, TON, GON** (*Prof Urs Eichenberger/Dr David Lorenzana, Switzerland*)
- 11.30-12.10    **Hands-on Live Scanning**
- 12.10-12.25    **Lumbar Facet, MBB, SI Joint, Superior Cluneal NN**  
(*Dr Manfred Greher, Austria /TBC*)
- 12.25-13.05    **Hands-on Live Scanning**

### ***13.05-14.00 LUNCH/EXHIBITION***

#### **14.00-15.55    SESSION THREE    Chair: Dr Manfred Greher**

- 14.00-14.15    **Posterior Pelvis: Piriformis Muscle, Pudendal N, Caudal and More**  
(*Dr Ashish Shetty, UK / Dr Graham Simpson, UK*)
- 14.15-14.55    **Hands-on Live Scanning**

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## Ultrasound in Pain Medicine Course

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14.55-15.10 Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal wall  
(Dr Anthony Allan, UK / Dr Athmaja Thottungal, UK)

15.10-15.50 Hands-on Live Scanning

#### **15.50-16.10 TEA & COFFEE/EXHIBITION**

**16.10-17.05 SESSION FOUR Chair: Prof Urs Eichenberger**

16.10-16.25 Joints-Shoulder, Knee, Hip (Dr James Pilcher, UK/ Dr Ismael Atchia, UK)

16.25-17.05 Hands-on Live Scanning

## DAY TWO: SATURDAY, 20 MARCH 2021

Venues: H2.6, H2.7 and H2.8 Board Rooms, Second Floor, Hunter Wing, St George's, University of London, Cranmer Terrace, London, SW17 0RE, United Kingdom & Department of Anatomy, Lower Ground Floor, Jenner Wing, St George's Hospital, University of London, Cranmer Terrace, London, SW17 0RE, United Kingdom (Closest underground train station is Tooting Broadway)

## PROGRAMME

09.00 - 09.30 REGISTRATION/TEA & COFFEE/EXHIBITION

09.30 - 10.15 Stations 1-8

10.15 - 11.00 Stations 1-8

11.00 - 11.25 TEA, COFFEE & PASTRIES/EXHIBITION

11.25 - 12.10 Stations 1-8

12.10 - 12.55 Stations 1-8

12.55 - 13.40 Stations 1-8

13.40 - 14.40 LUNCH/EXHIBITION

14.40 - 15.25 Stations 1-8

15.25 - 16.10 Stations 1-8

16.10 - 16.55 Stations 1-8

16.55 - 17.00 Closure

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#### **HANDS-ON SCANNING STATIONS**

- 1. Ilioinguinal, Iliohypogastric, Genitofemoral and Obturator including hip branches, LCT, Saphenous N, Genicular NN** (*live model*)
- 2. Posterior Pelvis Sonoanatomy - Gluteal Pain Syndrome: Superior Gluteal nerve, Piriformis muscle, Pudendal Nerve, Inferior cluneal nn, Sciatic nerve, Ischial Tuberosity** (*live model*)
- 3. Occipital Nerves (GON, TON, LON), Cervical MBB** (*cadaver lateral / prone*)
- 4. Stellate Ganglion, Cervical Roots, Suprascapular nn – various levels approach** (*cadaver lateral / supine*)
- 5. USG/Fluoroscopy Radiofrequency Procedures: Cervical Medial Branches, Genicular Nerves/ SI joint/ Hip branches** (*1 - cadaver supine. 2 - cadaver prone*)
- 6. Lumbar Facet /MBB/SI Joint/ Caudal** (*cadaver prone*)
- 7. Joint Injection: Shoulder, Hip, Knee** (*live model*)
- 8. Ask the Expert and Exams Hot Chair Station** (*live model*)