

ESRA Winterweek Langenfeld, Austria 2020

Sunday, January 12, 2020

17:30	Registration opens	
19:00	Opening Words & Welcome Reception	Geert-Jan van Geffen & Jens Børglum

Monday, January 13 2020

MORNING LECTURES - All Participants to attend

08.00-08.30	What is new in US-guided pain interventions	Athmaja Thottungal
08.30-09.00	Does regional anesthesia protect against delirium	Michael Fertleman
09.00-09.30	State of the art labor analgesia	Sarah Armstrong
09.30-10.00	POCUS for anesthesiologists	Geert-Jan van Geffen

POST SKI INTERACTIVE SESSIONS

Afternoon sessions include 2 parallel programme:

1. Live Demonstration & Discussions
2. Practical US Courses: 4 groups between 4 US courses

	Lecture Hall		Prac. Hall 1	Prac. Hall 1	Prac. Hall 1	Prac. Hall 1
LIVE DEMONSTRATION & DISCUSSIONS		PRACTICAL US COURSES				
17:00-17:50	Groups A, B, C, D	17:00-17:25	Group E	Group F	Group G	Group H
	PBL		Ultrasound and the physical examination of the shoulder/knee	Blocks for hip fracture	POCUS	TBD
		Sarah Armstrong	17:30-18:00	Group F	Group E	Group H
	Ultrasound and the physical examination of the shoulder/knee			Blocks for hip fracture	POCUS	TBD
			Athmaja Thottungal		Geert-Jan van Geffen	Morne Wolmarans
17:50-18:00	Short Break	18:00-18:15	Short Break			
18:00-18:50	Groups E, F, G, H	18:15-18:45	Group A	Group B	Group C	Group D
	PBL: Who is responsible for the perioperative care of the elderly		Ultrasound and the physical examination of the shoulder/knee		POCUS	TBD
		Michael Fertleman	18:45-19:15	Group B	Group A	Group D
	Ultrasound and the physical examination of the shoulder/knee			Blocks for hip fracture	POCUS	TBD
			Athmaja Thottungal	Matthias Desmet	Geert-Jan van Geffen	Morne Wolmarans

Tuesday, January 14, 2020

MORNING LECTURES - All Participants to attend

08.00-08.30	Unique aspects of the elderly surgical patient	Michael Fertleman
08.30-09.00	Pain relief after CS, what is new?	Sarah Armstrong
09.00-09.30	Interventions for myofascial pain syndrome	Athmaja Thottungal
09.30-10.00	What is minimal clinically important difference in	Vincent Chan

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LIVE DEMONSTRATION & DISCUSSIONS		PRACTICAL US COURSES				
17:00-17:50	Groups E, F, G, H	17:00-17:25	Group C	Group D	Group A	Group B
			Ultrasound and the physical examination of the shoulder/knee	Blocks for hip fracture	POCUS	TBD
	PBL		Athmaja Thottungal	Jens Borglum	Geert-Jan van Geffen	Morne Wolmarans
	Sarah Armstrong	17:30-18:00	Group C	Group D	Group B	Group A
			Ultrasound and the physical examination of the shoulder/knee	Blocks for hip fracture	POCUS	TBD
			Athmaja Thottungal	Jens Borglum	Geert-Jan van Geffen	Morne Wolmarans
17:50-18:00	Short Break	18:00-18:15	Short Break			
18:00-18:50	Groups A, B, C, D	18:15-18:45	Group G	Group H	Group E	Group F
			Ultrasound and the physical examination of the shoulder/knee	Blocks for hip fracture	POCUS	TBD
	PBL: Who is responsible for the perioperative care of the elderly		Athmaja Thottungal	Jens Borglum	Geert-Jan van Geffen	Morne Wolmarans
		18:45-19:15	Group H	Group G	Group F	Group E
	Michael Fertleman		Ultrasound and the physical examination of the shoulder/knee	Blocks for hip fracture	POCUS	TBD
			Athmaja Thottungal	Jens Borglum	Geert-Jan van Geffen	Morne Wolmarans

Wednesday, January 15, 2020

MORNING LECTURES - All Participants to attend

08.00-08.30	Ultrasound for challenging spine	Vincent Chan
08.30-09.00	Brachial plexus blocks revisited	Eric Albrecht
09.00-09.30	The obese pregnant woman, anesthetic management	Sarah Armstrong
09.30-10.00	Colorectal surgery: RA and ERAS	Steve Coppens

POST SKI INTERACTIVE SESSIONS

	Lecture Hall		Prac. Hall 1	Prac. Hall 1	Prac. Hall 1	Prac. Hall 1
LIVE DEMONSTRATION & DISCUSSIONS		PRACTICAL US COURSES				
17:00-17:50	Groups A, B, C, D	17:00-17:25	Group E	Group F	Group G	Group H
	Difficult questions in the EDRA exam		The challenging Spine	Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
		Morne Wolmarans	17:30-18:00	Group F	Group E	Group H
	The challenging Spine			Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
			Vincent Chan	Eric Albrecht	Jens Børglum	Steve Coppens
17:50-18:00	Short Break	18:00-18:15	Short Break			
18:00-18:50	Groups E, F, G, H	18:15-18:45	Group A	Group B	Group C	Group D
	Matthias Desmet		The challenging Spine	Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
		Conflict management in the OR	18:45-19:15	Group B	Group A	Group D
	The challenging Spine			Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
			Vincent Chan	Eric Albrecht	Jens Børglum	Steve Coppens

Thursday, January 16, 2020

MORNING LECTURES - All Participants to attend

08.00-08.30	Regional anesthesia in diabetic patients	Eric Albrecht
08.30-09.00	Vascular surgery and regional anesthesia	Morne Wolmarans
09.00-09.30	The ten most influential papers	Matthias Desmet
09.30-10.00	Interfascial plane blocks - an evidence based	Vincent Chan

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LIVE DEMONSTRATION & DISCUSSIONS		PRACTICAL US COURSES				
17:00-17:50	Groups E, F, G, H	17:00-17:25	Group C	Group D	Group A	Group B
	Difficult questions in the EDRA exam		The challenging spine	Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
		Morne Wolmarans	Vincent Chan	Eric Albrecht	Jens Borglum	Steve Coppens
			17:30-18:00	Group D	Group C	Group B
			The challenging spine	Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
			Vincent Chan	Eric Albrecht	Jens Borglum	Steve Coppens
17:50-18:00	Short Break	18:00-18:15	Short Break			
18:00-18:50	Groups A, B, C, D	18:15-18:45	Group G	Group H	Group E	Group F
	Matthias Desmet		The challenging spine	Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
		Conflict management in the OR	Vincent Chan	Eric Albrecht	Jens Borglum	Steve Coppens
			18:45-19:15	Group H	Group G	Group F
			The challenging spine	Brachial blocks revisited	Alternatives for epidural and paravertebral block	Chest Wall blocks
			Vincent Chan	Eric Albrecht	Jens Borglum	Steve Coppens

Friday, January 17, 2020

MORNING LECTURES - All Participants to attend

08.00-08.30	Alternatives for epidural and paravertebral block	Jens Børglum
08.30-09.00	Update on intralipid	Eric Albrecht
09.00-09.30	Thoracic surgery and regional anesthesia	Steve Coppens
09.30-10.00	Certification in regional anesthesia	Morne Wolmarans