

**Thursday 11th & Friday 12th April 2019**

**Hull York Medical School, John Hughlings Jackson Building, University of York, Heslington, York, YO10 5DD (new location!)**

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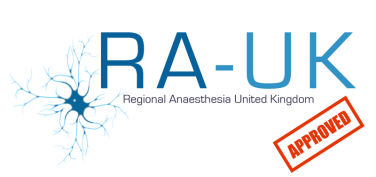
Early bird registration £350 (before 4 Jan 2019), Late registration £400  
(course dinner available at an additional cost of £25)   
apply online at ***www.jcrac.co.uk*** or complete and return the attached application form.

Further information contact nicky.robinson@nhs.net or 01642 282534

**Approved by RCA for 10 CPD Points, RA-UK approved for EDRA diploma**

**The 15th James Cook Regional Anaesthesia Course will be held this year in the beautiful city****of York, a comprehensive 2-day course which includes:**

* Demonstration of relevant anatomy to regional anaesthetists on cadavers by Anatomy Lecturers at York University



* Small group work teaching (4-5 delegates per instructor)
* Side by side cadaveric learning and scanning on volunteers
* Hands-on learning of needle techniques and catheters on phantoms
* Opportunity to discuss tips and tricks with international experts in ultrasound regional anaesthesia

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*“A superb course and very well organised. The speakers were all excellent”*

*"This was probably the best course I have been to in ten years. The cadaveric anatomy was informative, well managed and refreshing"*

*“This was the best workshop that I attended in years, I learned so much”*

*“A truly brilliant day - I would recommend" this course to all my colleagues”*

**DAY ONE**

**Thursday**

**08.30 Registration & Coffee**

**09.00 Multimedia presentation for Upper Limb** (Dr T Adams)

**Anatomy:**

**10.00 Station 1:** Interscalene & Supraclavicular

**10:30 Station 2:** Axilla

**11.00 Station 3:** Forearm and Arm

**11.30 Station 4:** Chest Wall

**12.00** **Lunch & Trade Exhibition**

**Scanning:**

**13.00 Station 1:** Supraclavicular

**13.30 Station 2:** Infraclavicular

**14.00 Station 3:** Sup Cervical, Axillary N & Suprascapular & Flexor Tendon Sheath Block

**14: 30 Station 4:** Axilla & Musculocutaneous

**15:00 Coffee Break**

**15.30 Station 5:**  Rad, Med, Ulnar, Cut Ns of forearm

**16.00 Station 6:**  Interscalene

**16.30 Station 7**: Pecs Block & Serratus plane

**17:00 Station 8:** Erectus Spinalis & Paravertebral

**17.30 Closure**

**DAY TWO**

**Friday**

**08.30 Registration & Coffee**

**09.00 Multimedia presentation for Lower Limb** (Dr Brian)

**09.30 Multimedia presentation for Other Blocks** (Dr Searle)

**Anatomy:**

10.15 Station 1: Ant Abdominal Wall

**10:45 Station 2:** Femoral Area

**11.15 Station 3:** Sciatic and popliteal

**11.45 Station 4:** Ankle

**12.15** **Lunch & Trade Exhibition**

**Scanning:**

**13.15 Station 1:** Neuraxial and Caudal

**13.45 Station 2:** Saphenous & Obturator

**14.15 Station 3:** Phantom & Catheter techniques

**14: 45 Station 4:** Popliteal & Sciatic

**15:15 Coffee Break**

**15.15 Station 5:**  Rectus sheath, TAP, llio-inguinal & hypo-gastric

**15.45 Station 6:**  Femoral, LFCN & Fascia iliaca

**16.15 Station 7**: Ankle Block

**16:45 Station 8:** Free scanning **17.15 Closure**

**FACULTY**

**Dr Ahmed Aziz**, ***Course Director***

Tawam/John Hopkins Hospital, **UAE**

**Dr Baskar Manickam**

Co-Director, Darlington Hospital, **UK**

**Dr Anthony Adams**

Lancashire Teaching Hospitals, **UK**

**Dr Amr Abdelaal**

Addenbrooke Hospital, **UK**

**Mrs Judith Barbaro-Brown**

Durham University, **UK**

**Dr Peter Bazira**

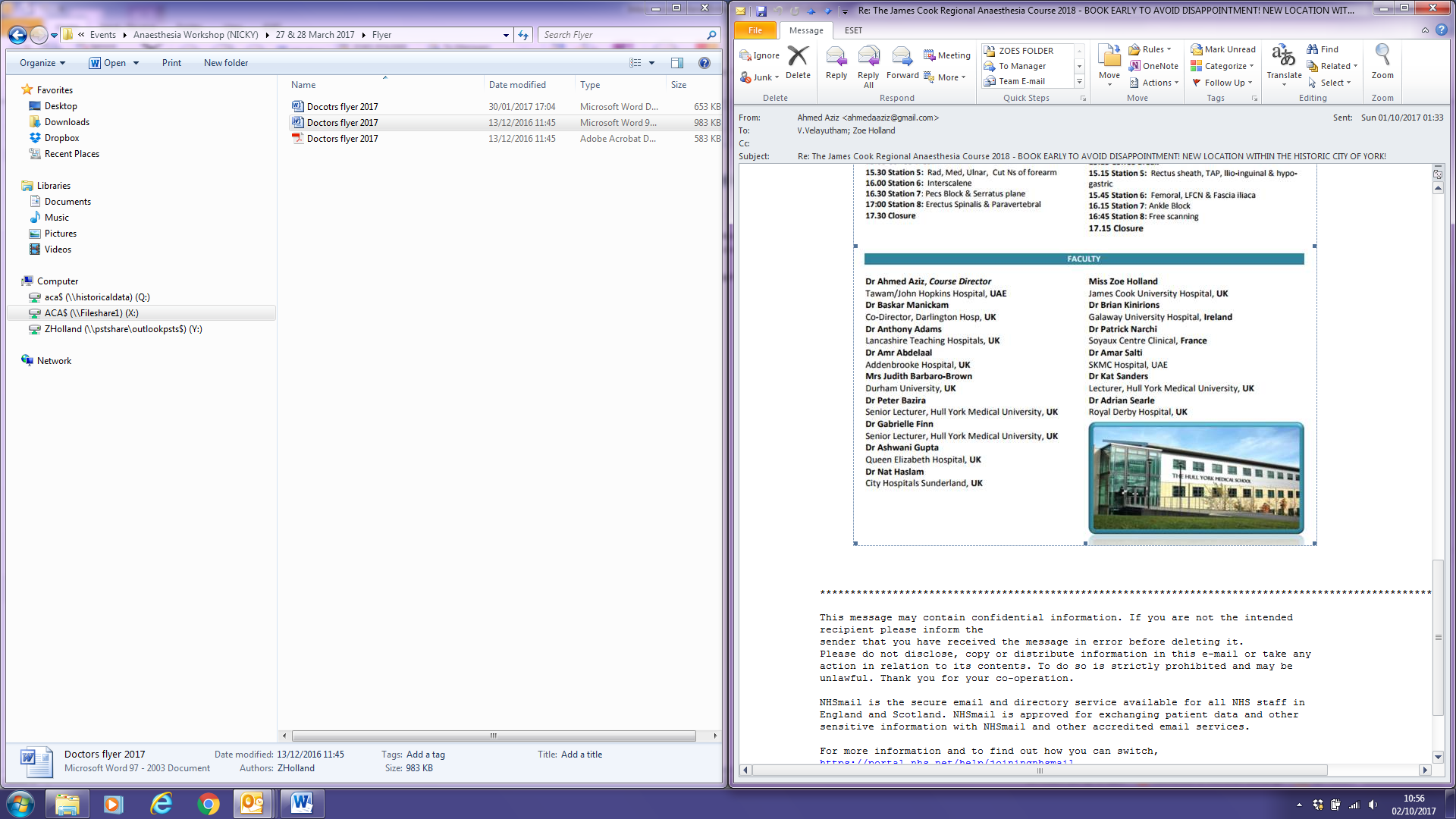
Senior Lecturer, Hull York Medical University, **UK**

**Dr Gabrielle Finn**

Senior Lecturer, Hull York Medical University, **UK**

**Dr Ashwani Gupta**

Queen Elizabeth Hospital, **UK**

**Dr Nat Haslam**

City Hospitals Sunderland, **UK**

**Dr Ranj Khaffaf**

Prince Charles Hospital, **UK**

**Miss Zoë Holland**

James Cook University Hospital, **UK**

**Dr Brian Kinirions**

Galaway University Hospital, **Ireland**

**Dr Patrick Narchi**

Soyaux Centre Clinical, **France**

**Dr Amar Salti**

SKMC Hospital, UAE

**Dr Kat Sanders**

Lecturer, Hull York Medical University, **UK**

**Dr Adrian Searle**

Royal Derby Hospital, **UK**

**Dr Veerabadran Velayutham**, Lancashire Teaching Hospital, **UK**

**Dr Omar Itani,** Consultant Anaesthetist, Clemenceau Medical Center, **Lebanon**