

18th Ultrasound in Regional Anaesthesia Workshop Programme 24th-26th Jan 2018

This is a highly interactive small group based course. We only take 18 delegates and have no more than 3 in any group to maximise hands on experience learning.

The **first day in Singleton University Anatomy Lab** starts with a very entertaining physics lecture, then it's pure anatomy using a 3D overview followed by live demonstrations of US anatomy. The rest of the day is spent studying cadavers specifically dissected with regional anaesthesia in mind. On the **second day in Morriston Hospital** you have all day for scanning models, needling phantoms, at the end with the option of performing a small block on yourself or take a brief test – or both!

The **third day** is for senior trainees and consultants (max 9 per course) to **perform blocks** under expert supervision on patients, reinforcing the learning of the previous 2 days. We are not aware of any other courses offering this 3rd day. Delegates usually get 2-3 blocks done each, though there is always the proviso of theatre lists and patient/surgeon agreement.

Wednesday, 24th January:

Venue: University Anatomy Suite, Grove building, Swansea University

09:00- 09:30	Registration	
09:30 – 10:00	Physics lecture (1A03)	Dr D Williams
11:00- 11:15	Coffee	
10:00 – 12:30	US anatomy upper, lower limb and trunk (2G02)	Dr S Webster, Dr C Egeler, Dr S Ford
12:30 – 13:30	Lunch	
13:30 – 17:00	cadaver workshop upper limb, lower limb, Trunk, nerve mapping, scenarios (2G02)	all faculty
15:00 – 15:30	coffee	

Thursday, 25th January

Venue: Anaesthetic Department, Morriston Hospital, Swansea

9:00 – 9:30	arrival	
9:30 – 10:00	the art of needling under direct vision (2G03)	Drs Ford/Egeler
10:00 – 13:00	workshops upper limb (2G03)	All faculty
13:00 – 14:00	lunch	
14:00 – 16:30	workshops lower limb and trunk (2G03)	All Faculty
16:30 – 17:00	test / blocks / questions / quiz	

Friday, 26th January

Venue: Morriston Hospital Main Theatres , Swansea
practical day in theatres, limited to 9 participants
(2G03)