



The James Cook Regional Anaesthesia Course

Monday 16th April – Tuesday 17th April 2018
Hull York Medical School, York

Early bird registration £350
(course dinner included)

apply online at www.jcrac.co.uk or complete and return the attached application form.
Further information contact zoe.holland@stees.nhs.uk or 01642 282825

Approved by RCA for 10 CPD Points
Previously approved for ESRA Diploma

The 15th JCRAC will be held this year in the beautiful city of York, a comprehensive 2-day course which includes:

- Demonstration of relevant anatomy to regional anaesthetists on cadavers by Anatomy Lecturers at York University
- Small group work teaching (4-5 delegates per instructor)
- Side by side cadaveric learning and scanning on volunteers
- Hands-on learning of needle techniques and catheters on Phantoms
- Opportunity to discuss tips and tricks with international experts in ultrasound regional anaesthesia



"This was the best workshop that I attended in years, I learned so much"



"A superb course and very well organised. The speakers were all excellent"

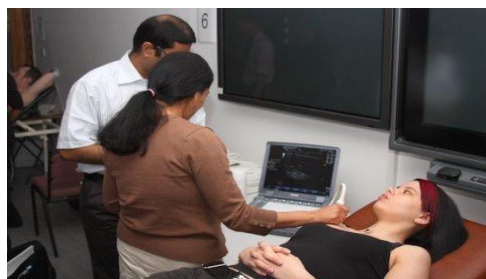


Hull York Medical School



County Durham and Darlington **NHS**
NHS Foundation Trust

South Tees Hospitals **NHS**
NHS Foundation Trust



"This was probably the best course I have been to in ten years. The cadaveric anatomy was informative, well managed and refreshing"



"A truly brilliant day - I would recommend this course to all my colleagues"

DAY ONE**Monday****08.30 Registration & Coffee****09.00 Multimedia presentation for Upper Limb** (Dr T Adams)**Anatomy:****10.00 Station 1:** Interscalene & Supraclavicular**10:30 Station 2:** Axilla**11.00 Station 3:** Forearm and Arm**11.30 Station 4:** Chest Wall**12.00 Lunch & Trade Exhibition****Scanning:****13.00 Station 1:** Supraclavicular**13.30 Station 2:** Infraclavicular**14.00 Station 3:** Sup Cervical, Axillary N & Suprascapular & Flexor Tendon Sheath Block**14: 30 Station 4:** Axilla & Musculocutaneous**15:00 Coffee Break****15.30 Station 5:** Rad, Med, Ulnar, Cut Ns of forearm**16.00 Station 6:** Interscalene**16.30 Station 7:** Pecs Block & Serratus plane**17:00 Station 8:** Erectus Spinalis & Paravertebral**17.30****Closure****DAY TWO****Tuesday****08.30 Registration & Coffee****09.00 Multimedia presentation for Lower Limb** (Dr Brian)**09.30 Multimedia presentation for Other Blocks** (Dr Searle)**Anatomy:****10.15 Station 1:** Ant Abdominal Wall**10:45 Station 2:** Femoral Area**11.15 Station 3:** Sciatic and popliteal**11.45 Station 4:** Ankle**12.15 Lunch & Trade Exhibition****Scanning:****13.15 Station 1:** Neuraxial and Caudal**13.45 Station 2:** Saphenous & Obturator**14.15 Station 3:** Phantom & Catheter techniques**14: 45 Station 4:** Popliteal & Sciatic**15:15 Coffee Break****15.15 Station 5:** Rectus sheath, TAP, Ilio-inguinal & hypogastric**15.45 Station 6:** Femoral, LFCN & Fascia iliaca**16.15 Station 7:** Ankle Block**16:45 Station 8:** Free scanning**17.15****Closure**

Dr Ahmed Aziz, *Course Director*, Tawam/John Hopkins Hospital, **UAE**
Dr Baskar Manickam, Co-Director, Darlington Hosp, **UK**
Dr Anthony Adams, Lancashire Teaching Hospitals, **UK**
Dr Amr Abdelaal, Addenbrooke Hospital, **UK**
Mrs Judith Barbaro-Brown, Durham University, **UK**
Dr Peter Bazira, Senior Lecturer, Hull York Medical University, **UK**
Dr Gabrielle Finn, Senior Lecturer, Hull York Medical University, **UK**
Dr Ashwani Gupta, Queen Elizabeth Hospital, **UK**
Dr Nat Haslam, City Hospitals Sunderland, **UK**
Miss Zoe Holland, James Cook University Hospital, **UK**
Dr Brian Kinirions, Galway University Hospital, **Ireland**
Dr Patrick Narchi, Soyaux Centre Clinical, **France**
Dr Amar Salti, SKMC Hospital, **UAE**
Dr Kat Sanders, Lecturer, Hull York Medical University, **UK**
Dr Adrian Searle, Royal Derby Hospital, **UK**

FACULTY



Monday 16th and Tuesday 17th April 2018
Hull York Medical School, York

Your details		
Title	First name	Last name
Job Title		Organisation
Address		
		Postcode
Telephone		Email
Special dietary requirements		Special mobility requirements

Your booking	✓
Please register me to attend the RA Course on 16 th and 17 th April 2018. Early registration £350 if registered before 1 February 2017, late registration £400	

Course dinner (included in delegate fee)	✓
I will be attending the course dinner on Monday 16 th March 2017	
I will require transport to the course dinner and return (please note transport will only be provided from the course venue)	

Payment	✓
I have enclosed a cheque made payable to South Tees Hospitals NHS Foundation Trust	

I wish to pay by credit/debit card		
Please return your booking form to Nicky Robinson Conferences and Courses, Academic Centre, JCUH, Marton Road, Middlesbrough, TS4 3BW Telephone 01642 282551, Fax 01642 282535 Email: nicky.robinson@stees.nhs.uk	Card Type (Visa / Mastercard / Switch)	
	Card No.	
	Expiry Date	
	Start Date	
	Issue No. (if applicable)	
	Name as shown	
	Cardholder signature	
	Date	Security No.

A strict cancellation policy is in place for all events.
Please visit our website at www.conferencessouthtees.co.uk for full terms and conditions.