



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

Your interactive
online congress

1st e-ESRA

Saturday, 10 March 2018

18 round tables & live demos

Live chat & quizzes

Free for members

PROGRAMME



ESRA Office: Avenue Florimont 4, 1006 Lausanne, Switzerland
Tel: +41 22 510 5610 | Fax: +41 22 510 5614 | Email: office@esraeurope.org

Info and Registrations
www.esraeurope.org

TV Studio 1
TV Studio 2

08:15 - 8:25

Introduction by Alain Delbos (France), ESRA President

8:30 - 9:30

Local anaesthetic

Presenter: Alain Delbos (France)

- Minimum effective Dose, volume, concentration: Pia Jaeger (Denmark)
- L.A. Adjuvants: Matthias Desmet (Belgium)
- Neuro-toxicity of LA in Peripheral Nerve Blocks: Eleni Moka (Greece)
- Local anesthetic New molecules: Xavier Capdevila (France)

Regional Anaesthesia and sedation

Presenter: José Aguirre (Switzerland)

- Pharmacological sedation during regional anaesthesia: Stephan Blumenthal (Switzerland)
- Non-pharmacological sedation during regional anaesthesia: Geert Jan Van Geffen (The Netherlands)
- RA under general anaesthesia: Morné Wolmarans (United Kingdom)
- Regional anaesthesia in the difficult Airways patient: when sedation is not an option: Andrea Saporito (Switzerland)

9:45 - 10:45

Live Demo Lumbar plexus blocks

Presenter: Philippe Gautier (Belgium)

- Femoral nerve block: Steve Coppens (Belgium)
- Adductor canal block: Thomas F. Bendtsen (Denmark)
- Obturator nerve and CLT block: Yavuz Gurkan (Turkey)

Regional anaesthesia for labour pain relief

Presenter: Marc Van de Velde (Belgium)

- CSE: Eva Roofthoof (Belgium)
- Maintenance, including PIEB: Nuala Lucas (United Kingdom)
- Drugs: Frédéric Mercier (France)
- Conventional epidural : Emilia Guasch (Spain)

11:00 - 12:00

Abdominal surgery

Presenter: Geert-Jan Van Geffen (The Netherlands)

- Indication of trunk blocks: Thomas F. Bendtsen (Denmark)
- QL Blocks: Jens Børglum (Denmark)
- TAP block: John Mc Donnell (Ireland)
- Infiltration: Marc Beaussier (France)

Shoulder surgery

Presenter: Clara Lobo (Portugal)

- Interscalene block: Eric Albrecht (Switzerland)
- Place of supraclavicular and infraclavicular block in shoulder surgery: Mario Fajardo Perez (Spain)
- Suprascapular and Axillary nerve blocks for shoulder surgery: Vedran Frkovic (Sweden)
- Place of catheter for pain management: Laurent JF Delaunay (France)

12:15 - 13:00

Symposium

Symposium

13:15 - 14:00

Symposium

Symposium

	TV Studio 1	TV Studio 2
14:15 - 15:15	Regional Anaesthesia for C-section Presenter: Frédéric Mercier (France) • Spinal Anaesthesia: Nuala Lucas (United Kingdom) • Epidural top-up: Eva Roofthoof (Belgium) • Low dose CSE: Marc Van de Velde (Belgium) • Managing breakthrough pain during C-section: Emilia Guasch (Spain)	Prediction and prevention of persistent post surgical pain (PPSP) Presenter: Barry Nicholls (United Kingdom) • Introduction – epidemiology: Patricia Lavand'homme (Belgium) • Neuro-physiological mechanism involved: Hélène Beloeil (France) • High risk surgical procedures: Kenneth Geving Andersen (Denmark) • Prevention & strategies to reduce PPSP: Sibtain Anwar (United Kingdom)
15:30 - 16:30	Hand surgery Presenter: Dan Sebastian Dirzu (Romania) • Peri-clavicular blocks in hand surgery: Clara Lobo (Portugal) • Axillary block: Brian O'Donnell (Ireland) • Distal blocks: Sébastien Bloc (France) • Bier block: Barry Nicholls (United Kingdom)	Injections for spinal pain – The role of the Facet joint and Radiofrequency Ablation (RF) Presenter: José De Andrés (Spain) • The role of injections: Martin Underwood (United Kingdom) • Facet joint injection/selection and indication's: Vivek Mehta (United Kingdom) • RF is there an added value for the low back pain suffer: Sam Eldabe (United Kingdom) • RF indication and selection: Koen Van Boxem (Belgium)
16:45 - 17:45	Breast surgery Presenter: Yavuz Gurkan (Turkey) • Place of Paravertebral block: John McDonnell (Ireland) • Live demo paravertebral block: John McDonnell (Ireland) • Pectoralis and serratus blocks: Teresa Parras (United Kingdom) • Live demo pecs and serratus block: Teresa Parras (United Kingdom)	Outcome: Benefit of regional Anaesthesia Presenter: Thomas Volk (Germany) • Functional outcome: Paul Kessler (Germany) • Ambulatory surgery: Ivar Bruaset (The Netherlands) • Cognitive functions: Thorsten Steinfeldt (Germany) • R.A. & General anaesthesia, other benefits: Mathias Opperer (Austria)
18:00 - 18:45	Symposium	Symposium