



European Society of Regional Anaesthesia HELLAS

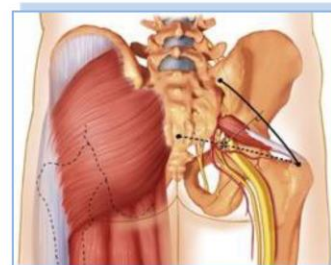
<http://www.esrahellas.gr>

ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOPS

10th CYCLE, 2017

Part I: 20 – 22 October 2017

Part II: 17 – 19 November 2017



INFO

The Annual ESRA Hellas Workshops are recognized by the **EDRA Board** as one of the prerequisites towards the **EDRA Diploma Exams**.

They are accredited with **32 CME Credits** by the **Panhellenic Medical Association**.

They are also under recognition by the **National Drug Organization (EOF)** of Greece.

ORGANIZATION → ESRA Hellas

<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

ESRA Hellas Secretariat
Mrs Eva Vlamopoulou
Anaesthesiologists Office
Aretaieion University Hospital
Athens, Greece
Monday – Friday: 09.00 – 14.00
Telephone & Fax: +30 210 7286169
Cell Phone: +30 6984506866



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Tel & Fax: +30 210 7286169
Cell: +30 6984 506866
Email: anais@aretaieio.uoa.gr
eargyra@med.uoa.gr

ANNUAL REGIONAL ANAESTHESIA (RA) Hands – On Clinical Workshops

10th Cycle: 2017

- Accreditation with 32 CME Credits by the Panhellenic Medical Association
- Under Recognition by Greek National Drug Organization (EOF)
- Recognized as a Prerequisite towards Exams for EDRA Diploma

PART II

17 – 19 November 2017, Small Auditorium
Aretaieio University Hospital, Athens, GREECE

Organizing & Scientific Committee

President – Coordinator

Argyra E

Members

Antonopoulou E

Makris A

Moka E

Rekatsina M

Siafaka I

Stavropoulou E

Theodoraki K

Friday 17.11.2017

15.00 – 15.30	<i>Venue – Registrations</i> <i>Small Auditorium (Lecture Hall – Aretaieion University Hospital)</i>	
	LECTURES	
15.30 – 16.00	Applied Statistics in Regional Anaesthesia	K. Theodoraki
16.00 – 16.30	Regional Anaesthesia in Obstetrics	I. Siafaka
16.30 – 17.00	Regional Anaesthesia in Cardiovascular Patients: Interactive Discussion of Clinical Cases	A. Bairaktari
17.00 – 17.30	Regional Anaesthesia/Analgesia in the Emergency Room (ER): Interactive Discussion of Clinical Cases	E. Chrona
17.30 – 18.00	<i>Coffee Break</i>	
18.00 – 18.30	Regional Anaesthesia and Anticoagulation	G. Kritharidou
18.30 – 19.00	Continuous Peripheral Nerve Blocks for Postoperative Analgesia: When & How?	A. Mela
19.00 – 19.30	Neurological Complications of Peripheral Nerve Blocks	A. Douma
19.30 – 20.00	Regional Anaesthesia in the Elderly Population	Y. Gurkan

Σάββατο 18.11.2017

08.45 – 09.00	Venue – Small Auditorium Aretaieion University Hospital – All Groups			
09.00 – 09.30	Lecture : Auditorium – All Groups Anatomy of Lower Limbs Nerves & Plexuses			Y. Gurkan
09.30 – 10.50	CLINICAL WORKSHOP I: Workstations and Groups Lower Limbs Nerve Block (Lumbar Plexus)			
Instructors	Y. Gurkan	A. Douma	M. Diakomi	M. Varveri
	Identification with Ultrasounds (US)		Clinical Demonstration, Neurostimulation (N/S)	
Workstations Clinical Practice on Live Model (40 min/station)	Workstation 1 Blockade of Lumbar Plexus, Fascia Iliaca, Femoral Nerve, Obturator Nerve & Adductor Canal	Workstation 2 Blockade of Femoral Nerve, Saphenous Nerve and Lower Limb Peripheral Nerves	Workstation 3 Blockade of Fascia Iliaca, Femoral Nerve, Obturator Nerve and Saphenous Nerve	Workstation 4 Blockade of Saphenous Nerve and Lower Limb Peripheral Nerves
09.30 – 10.10	A	B	C	D
10.10 – 10.50	B	C	D	A
10.50 – 11.15	Coffee Break			
11.15 – 12.35	CLINICAL WORKSHOP I: Workstations and Groups Lower Limb Nerve Blocks (Lumbar Plexus) – continued			
11.15 – 11.55	C	D	A	B
11.55 – 12.35	D	A	B	C
12.35 – 13.55	CLINICAL WORKSHOP II: Workstations and Groups Lower Limb Nerve Blocks (Sacral – Lumbosacral Plexus)			
Instructors	Y. Gukran US	A. Douma US	E. Antonopoulou Landmarks – N/S	A. Andreou & A. Rantis Landmarks – N/S
Workstations Clinical Practice on Live Model (40 min/station)	Workstation 1 Sciatic Nerve Block (classical & subgluteal approach, other approaches)	Workstation 2 Popliteal Nerve Block & Lower Limb Peripheral Nerves Block	Workstation 3 Sciatic Nerve Block (classical & subgluteal approach, other approaches) & Popliteal Nerve Block	Workstation 4 Lumbar Plexus & Psoas Compartment Block
12.35 – 13.15	A	B	C	D
13.15 – 13.55	B	C	D	A
13.55 – 14.30	Lunch Break			
14.30 – 15.50	CLINICAL WORKSHOP II: Workstations & Groups Lower Limb Nerve Blocks (Sacral – Lumbosacral Plexus) – continued			
14.30 – 15.10	C	D	A	B
15.10 – 15.50	D	A	B	C
16.00 – 17.00	CLINICAL WORKSHOP III TAP Block – Rectus Sheath Block		CLINICAL WORKSHOP IV Intravenous Regional Anaesthesia (IVRA)	
Instructors	M. Stamelos	P. Papacharalambous	P. Zavridis	N. Fyrfiris
	Workstation 1 US Identification	Workstation 2 US Identification	Workstation 3 Clinical Demonstration Block Technique	Workstation 4 Clinical Demonstration Block Technique
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 19.11.2017

08.45 – 09.00	Venue – Small Auditorium, Aretaieion University Hospital, Athens – All Groups			
09.00 – 11.00	CLINICAL WORKSHOP V – Auditorium (All Groups) Local Anaesthetics Toxicity (LAST) : Simulation of Crisis Coordination : I. Siafaka Instructors : K. Theodoraki, E. Moka, A. Tsaroucha			
09.00 – 09.25	Briefing	K. Theodoraki		
09.25 – 10.35	Clinical Scenaria	2 Clinical Scenaria All Instructors / Televoting		
10.35 – 11.00	Debriefing – Questions & Comments	E. Moka		
11.00 – 11.30	Coffee Break			
11.30 – 12.00	LECTURE : Auditorium – All Groups Peripheral Nerve Blocks & Chronic Pain	F. Kremastinou		
12.00 – 12.30	LECTURE : Auditorium – All Groups Caudal Block	A. Karafotia		
12.30 – 14.00	CLINICAL WORKSHOP VI Hands on Practice : Peripheral Nerve Blocks in children Coordination : P. Mammi			
12.30 – 14.00	Clinical Practice on Paedriatic Live Models with Ultrasound Application			
Instructors	E. Garini, M. Gliatis, D. Zacharopoulos, G. Noutsos			
Workstations Clinical Practice on Paediatric Live Models 45min/station	Workstation 1 Upper Limb Peripheral Nerve Blocks	Workstation 2 Upper Limb Peripheral Nerve Blocks	Workstation 3 Trunk & Lower Limb Peripheral Nerve Blocks	Workstation 4 Trunk & Lower Limb Peripheral Nerve Blocks
12.30 – 13.15	A	B	C	D
13.15 – 14.00	C	D	A	B
14.00 – 15.30	Self - Examination			

Faculty List [Instructors – Lecturers – Organizers]

Andreou A, MD, PhD, Consultant Anaesthesiologist, «251 Air Force General Hospital», Athens, Greece

Antonopoulou E, MD, PhD, EDRA, ESRA Hellas Board Member, Senior Consultant Anaesthesiologist, Head of Anaesthesiology Department, General Hospital of Xanthi, Xanthi, Greece

Argyra E, MD, PhD, EDRA, EDRA Board Member, ESRA Hellas President, Professor of Anaesthesiology, A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Bairaktari A, MD, PhD, DEAA, Senior Consultant Anaesthesiologist, Head & Coordinator of anaesthesiology Department & Pain Therapy Clinic, General Oncology Hospital «Agioi Anargyroi», Athens, Greece

Diakomi M, MD, PhD, Consultant Anaesthesiologist, Anaesthesiology Department, General Hospital of Attiki «KAT», Athens, Greece

Douma A, MD, PhD, DEAA, Senior Consultant Anaesthesiologist, General Hospital of Athens «G. Gennimatas», Athens, Greece

Fyrfiris N, MD, Consultant Anaesthesiologist, Anaesthesiology Department, General Hospital of Athens «Agios Savvas», Athens, Greece

Garini E, MD, EDRA, Consultant Anaesthesiologist, Children's General Hospital «Agia Sophia», Athens, Greece

Gliatis E, MD, Consultant Anaesthesiologist, Children's General Hospital «Agia Sophia», Athens, Greece

Gurkan Y, MD, PhD, ESRA Board Member, Professor of Anaesthesiology, University of Kocaeli, Turkey

Karafotia A, MD, Consultant Anaesthesiologist, Children's General Hospital «Agia Sophia», Athens, Greece

Kremastinou F, MD, PhD, Senior Consultant Anaesthesiologist, Director of Anaesthesiology Department, «General Hospital of Athens - Ippokrateio», Athens, Greece

Kritharidou G, MD, PhD, Senior Consultant Anaesthesiologist, Director of Anaesthesiology Department, «General Hospital of Attiki – KAT», Athens, Greece

Mammi P, MD, PhD, Senior Consultant Paediatric Anaesthesiologist, Former Head – Coordinator of Anaesthesiology Department, Children's General Hospital «Agia Sophia», Athens, Greece

Mela A, MD, PhD, Senior Consultant Anaesthesiologist, Head – Coordinator of Anaesthesiology Department, «General Hospital Asklepieio Voulas», Athens, Greece

Moka E, MD, PhD, MSc, EDRA, ESRA & EDRA Board Member, ESRA Hellas General Secretary, Senior Consultant Anaesthesiologist, Head of Anaesthesiology Department, «Creta InterClinic» Private Hospital, Heraklion, Crete, Greece

Noutsos G, MD, Senior Consultant Anaesthesiologist, Anaesthesiology Department, Children’s General Hospital «Agia Sophia», Athens, Greece

Papacharalambous P, MD, PhD, Consultant Anaesthesiologist, A’ Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Rantis A, MD, PhD, Consultant Anaesthesiologist, «251 Air Force General Hospital», Athens, Greece

Rekatsina M, MD, Resident of Anaesthesiology, A’ Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Siafaka I, MD, PhD, ESRA Hellas Vice President, Professor of Anaesthesiology & Pain Therapy, Head of A’ Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Stavropoulou E, MD, PhD, EDRA, ESRA Hellas Treasurer, Senior Consultant Anaesthesiologist, Director of «General Hospital of Attiki, KAT», Athens, Greece

Theodoraki K, MD, PhD, ESRA Councilor, ESRA Hellas Specific Affairs Secretary, Professor of A’ Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Stamelos M, MD, Consultant Anaesthesiologist, B’ Anaesthesiology Clinic, National & Kapodistrian University of Athens, «Peripheral General Hospital Attikon», Athens, Greece

Tsaroucha A, MD, PhD, Assistant Professor of Anaesthesiology, A’ Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Varveri M, MD, Senior Consultant Anaesthesiologist, General Hospital of Thessaloniki «Papageorgiou», Thessaloniki, Greece

Zacharopoulos D, MD, Senior Consultant Anaesthesiologist, Anaesthesiology Department, Children’s General Hospital «Agia Sophia», Athens, Greece

Zavridis P, MD, MSc, Consultant Anaesthesiologist, Nicosia, Cyprus