



European Society of Regional Anaesthesia HELLAS

<http://www.esrahellas.gr>

ANNUAL HANDS – ON REGIONAL ANAESTHESIA WORKSHOPS 10th CYCLE, 2017 Part I: 20 – 22 October 2017 Part II: 17 – 19 November 2017



INFO

The Annual ESRA Hellas Workshops are recognized by the **EDRA Board** as one of the prerequisites towards the **EDRA Diploma Exams**.

They are accredited with **32 CME Credits** by the **Panhellenic Medical Association**.

They are also under recognition by the **National Drug Organization (EOF)** of Greece.

ORGANIZATION → ESRA Hellas
<http://www.esrahellas.gr>

INFORMATION – PREREGISTRATION

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RA Hands – On Clinical Workshop

10th Cycle: 2017

- Accreditation with 32 CME Credits by the Panhellenic Medical Association
- Recognized as a Prerequisite towards Exams for EDRA Diploma
- Recognized by Greek National Drugs Organization (EOF)
[Under Recognition]

PART I

20 – 22 October 2017, Small Auditorium
Aretaieion University Hospital, Athens, Greece

Organizing – Scientific Committee

President – Coordinator

E. Argyra

Members

E. Antonopoulou

A. Makris

E. Moka

M. Rekatsina

I. Sifaka

E. Stavropoulou

K. Theodoraki

Friday 20.10.2017

15.00 – 15.30	Venue – Registrations Small Auditorium (Lecture Hall – Aretaieion University Hospital) LECTURES	
15.30 – 16.00	Welcome – Introduction	I. Sifaka E. Argyra (through Skype)
16.00 – 16.30	Regional Anaesthesia: Education & EDRA Diploma	E. Moka
16.30 – 17.00	Basic Elements of Anatomy for Regional Anaesthesia	E. Stavropoulou
17.00 – 17.30	Local Anaesthetics: Pharmacokinetics – Pharmacodynamics	E. Moka
17.30 – 18.00	Adjuvant Drugs & Peripheral Nerve Blocks	A. Delbos
18.00 – 18.15	Coffee Break	
18.15 – 18.30	Basics of Neurostimulation (N/S)	A. Makris
18.30 – 18.45	Basics of Ultrasounds (US)	T. Paraskevopoulos
18.45 – 19.15	Subarachnoid Anaesthesia in Everyday Clinical Practice. New Data – Interactive Discussion	Ch. Staikou
19.15 – 19.45	Epidural and CSE Anaesthesia – Analgesia How, Where and When? Interactive Discussion	A. Tsaroucha

Saturday 21.10.2017

08.45 – 09.00	<i>Venue: Small Auditorium (Lecture Hall) – Aretaieion University Hospital – All Groups</i>			
09.00 – 10.45	<u>CLINICAL WORKSHOP I: Workstations & Groups</u> <i>Identification of Basic Anatomic Structures with Ultrasounds Practice on Phantoms, Anatomical Preparations, Live Model</i>			
Instructors	Ultrasonography Group A. Delbos, A. Makris, P. Papacharalambous, B. Fyntanidou			
Workstations (25 min/Workstation)	<u>Workstation 1</u> Live Model A. Delbos	<u>Workstation 2</u> Phantom Torso P. Papacharalambous	<u>Workstation 3</u> Anatomical Preparation B. Fyntanidou	<u>Workstation 4</u> Phantom A. Makris
Working Groups	A	B	C	D
	B	C	D	A
	C	D	A	B
	D	A	B	C
10.45 – 11.15	<i>Coffee Break</i>			
11.15 – 11.45	<u>LECTURE: Auditorium – All Groups</u> Anatomy of Brachial Plexus (3D Demonstration)			A. Delbos
11.45 – 13.15	<u>CLINICAL WORKSHOP II: Workstations & Groups</u> <i>Upper Limb Peripheral Nerve Blocks</i>			
Instructors	<u>Workstation 1</u> A. Delbos	<u>Workstation 2</u> T. Paraskevopoulos	<u>Workstation 3</u> P. Trantzas	<u>Workstation 4</u> B. Fyntanidou
Workstations (45 min/Workstation)	Brachial Plexus Identification with US (interscalene, supraclavicular, infraclavicular PNBs)	Brachial Plexus Identification with US (axillary, elbow, forearm, wrist level PNBs)	Interscalene, Supraclavicular & Infraclavicular PNBs with N/S	Axillary, Elbow, Forearm & wrist level PNBs with N/S
11.45 – 12.30	A	B	C	D
12.30 – 13.15	B	C	D	A
13.15 – 14.00	<i>Lunch Break</i>			
14.00 – 15.30	<u>CLINICAL WORKSHOP II: Workstations & Groups</u> <i>Upper Limb Peripheral Nerve Blocks – continued</i>			
14.00 – 14.45	C	D	A	B
14.45 – 15.30	D	A	B	C
15.30 – 16.00	<u>LECTURE : Auditorium – All Groups</u> Thoracic Paravertebral Block (Thoracic PVB) : Anatomy, Indications, Contraindications, Complications			A. Makris
16.00 – 17.00	<u>CLINICAL WORKSHOP III: Workstations & Groups</u> <i>Thoracic Paravertebral Block (Thoracic PVB)</i>			
Instructors	T. Paraskevopoulos	A. Makris	G. Stamatiou	L. Baltatzi
Workstations (30 min/Workstation)	<u>Workstation 1</u> US Identification	<u>Workstation 2</u> US Identification	<u>Workstation 3</u> Landmarks & Block Technique	<u>Workstation 4</u> Landmarks & Block Technique
16.00 – 16.30	A	B	C	D
16.30 – 17.00	C	D	A	B

Sunday 22.10.2017

08.45 – 09.00	Venue: Small Auditorium (Lecture Hall) – Aretaieion Hospital – All Groups			
09.00 – 10.00	<u>CLINICAL WORKSHOP IV</u> Intercostal Nerve Blocks (ICBs) Anatomy, Block Techniques, US Identification, Indications, Contraindications, Complications		<u>CLINICAL WORKSHOP V</u> Suprascapular – Occipital Nerve Blocks Anatomy, Block Techniques, Indications, Contraindications, Complications	
Instructors	E. Kouroukli	K. Vitoula	A. Karra	F. Kremastinou
Workstations (30min/Workstation)	<u>Workstation 1</u> Clinical Demonstration, Landmarks & US Application	<u>Workstation 2</u> Clinical Demonstration, Landmarks & US Application	<u>Workstation 3</u> Clinical Demonstration & Landmarks	<u>Workstation 4</u> Clinical Demonstration & Landmarks
09.00 – 09.30	A	B	C	D
09.30 – 10.00	C	D	A	B
10.00 – 10.15	Coffee Break			
10.15 – 11.15	<u>CLINICAL WORKSHOP VI: Workstations & Groups</u> Superficial & Deep Cervical Plexus Blocks Anatomy, Block Techniques, US Identification, Indications, Contraindications, Complications			
Instructors	A. Makris	E. Stavropoulou	E. Gliatis	B. Fyntanidou
Workstations (30min/Workstation)	<u>Workstation 1</u> Clinical Practice with US	<u>Workstation 1</u> Clinical Practice with US	<u>Workstation 1</u> Clinical Demonstration & Landmarks on live Model	<u>Workstation 1</u> Clinical Demonstration & Landmarks on live Model
10.15 – 10.45	A	B	C	D
10.45 – 11.15	C	D	A	B
11.15 – 12.00	<u>CLINICAL WORKSHOP VII: Workstations & Groups</u> PEC'S Block & Serratus Plane Block			
Instructors	A. Rantis		A. Andreou	
Workstations (45 min/Workstation)	<u>Workstation 1</u> Clinical Practice with US		<u>Workstation 2</u> Clinical Practice with US	
Groups	A + B		C + D	
12.00 – 12.30	Coffee Break – Snack			
12.30 – 15.00	<u>CLINICAL WORKSHOP VIII: Auditorium (All Groups)</u> Regional Anaesthesia & Fluid Management			
12.30 – 12.45	Introduction		I. Sifaka	
12.45 – 13.15	Briefing		K. Theodoraki	
13.15 – 13.45	Clinical Scenario I (Obstetrics) – Televoting		K. Theodoraki – A. Tsaroucha	
13.45 – 14.15	Clinical Scenario II (Hip Fracture SSurgery) – Televoting		E. Moka – A. Tsaroucha	
14.15 – 14.45	Debriefing		E. Moka	
14.45 – 15.00	Questions – Comments – Discussion		Instructors – Participants	

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Faculty List (Instructors, Lecturers, Organizers)

Andreou A, MD, PhD, Consultant Anaesthesiologist, «251 Air Force General Hospital», Athens, Greece

Antonopoulou E, MD, PhD, EDRA, ESRA Hellas Board Member, Senior Consultant Anaesthesiologist, Head of Anaesthesiology Department, General Hospital of Xanthi, Xanthi, Greece

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Delbos A, MD, PhD, Senior Consultant Anaesthesiologist, ESRA President, Medi Garone Hospital, Toulouse, France

Fyntanidou B, MD, PhD, Consultant Anaesthesiologist, Anaesthesiology Clinic & Intensive Care Unit, Peripheral General Hospital “AHEPA”, Thessaloniki, Greece

Gkliatis E, Consultant Anaesthesiologist, Children’s General Hospital, «Agia Sofia», Athens, Greece

Karra A, Consultant Anaesthesiologist, «YGEIA Hospital», Athens, Greece

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Moka E, MD, PhD, MSc, EDRA, ESRA & EDRA Board Member, ESRA Hellas General Secretary, Senior Consultant Anaesthesiologist, Head of Anaesthesiology Department, Private Hospital «Creta InterClinic», Heraklion, Crete, Greece

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Rantis A, MD, PhD, Consultant Anaesthesiologist, «251 Air Force General Hospital», Athens, Greece

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Siafaka I, MD, PhD, ESRA Hellas Vice President, Professor of Anaesthesiology & Pain Therapy, Head of A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Staikou Ch, MD, PhD, Associate Professor of A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

Stamatiou G, MD, PhD, Assistant Professor of Anaesthesiology, University of Thessaly, Head of Anaesthesiology Department, Private Hospital IASO, Larissa, Greece

Stavropoulou E, MD, PhD, EDRA, ESRA Hellas Treasurer, Senior Consultant Anaesthesiologist, Director of «General Hospital of Attiki, KAT», Athens, Greece

Theodoraki K, MD, PhD, ESRA Councilor, ESRA Hellas Specific Affairs Secretary, Professor of A' Anaesthesiology Clinic, Pain Relief & Palliative Care Unit, Aretaieion University Hospital, National & Kapodistrian University of Athens, Athens, Greece

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